**Potential Support Organisations**

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| **Organisation** | **Service** | **Contact Details** |
| Barnardos Axis | Supporting those affected by personal, adult or parental substance misuse. | [www.bardnardos.org.uk](http://www.bardnardos.org.uk)  [axislanarkshire@barnardos.org.uk](mailto:axislanarkshire@barnardos.org.uk)  Tel: 01698 262443 |
| Blameless SCIO | Aim to give children of recovering alcoholics and drug addicts new dreams, happier memories, vision of hope for the future. | [www.blameless.org.uk](http://www.blameless.org.uk)  [blamelesscharity@gmail.com](mailto:blamelesscharity@gmail.com)  01689 368338 |
| Canape SCIO | Trauma Therapy and Emotional Peer Mentoring | [www.canape.org.uk](http://www.canape.org.uk)  [jane.canape@hotmail.co.uk](mailto:jane.canape@hotmail.co.uk)  07909978583 |
| Children 1st | Recovery from abuse and trauma | [www.children1st.org.uk](http://www.children1st.org.uk)  [info@children1st.org.uk](mailto:info@children1st.org.uk)  0131 4462300 |
| Circle Scotland | Work with families affected by parental alcohol and drug abuse | [www.circlescotland.org.uk](http://www.circlescotland.org.uk)  [info@circlescotland.org](mailto:info@circlescotland.org)  01698 200863 |
| Covey Befriending | Befriending activities for 8 – 14 year olds | [www.coveybefriending.org.uk](http://www.coveybefriending.org.uk)  [info@coveybefriending.org.uk](mailto:info@coveybefriending.org.uk)  01698 894013  01555 673447 |
| Cruse | Bereavement Counselling | [www.crusescotland.org.uk](http://www.crusescotland.org.uk)  [lanarkshire@crusescotland.org.uk](mailto:lanarkshire@crusescotland.org.uk)  01698 306999 |
| HIPY | Provide information, advice and referral to counselling service for 14 – 25 year olds | [www.hipy.org](http://www.hipy.org)  [hipy@btopenworld.com](mailto:hipy@btopenworld.com)  01698 891687 |
| Healthy n Happy | Several services including Cambuslang Bereavement Support Group | [www.healthynhappy.org.uk](http://www.healthynhappy.org.uk)  [enquiries@healthynhappy.org.uk](mailto:enquiries@healthynhappy.org.uk)  0141 6460123 |
| Healthy Valleys | Provide support for young person’s mental health | [www.healthyvalleys.org.uk](http://www.healthyvalleys.org.uk)  [info@healthyvalleys.org.uk](mailto:info@healthyvalleys.org.uk)  01555 880666 |
| LARC | Lanarkshire Addiction Recovery Consortium | 01236 425355 |
| LAMH | Crisis Support | [www.lamh.org.uk](http://www.lamh.org.uk)  [source@lamh.org.uk](mailto:source@lamh.org.uk)  01555 777222 |
| Lanarkshire Rape Crisis Centre | Support for rape victims | [www.lanrcc.org.uk](http://www.lanrcc.org.uk)  [info@lanrcc.org.uk](mailto:info@lanrcc.org.uk)  01698 527006 |
| PETAL | Provide support for family and friends of victims of murder and suicide | [www.petalsupport.com](http://www.petalsupport.com)  [kduffy@petalsupport.com](mailto:kduffy@petalsupport.com)  01698 324502 |
| Stonehouse Family Support | Provide a range of holistic therapies | [www.stonehousefamilysupport.org.uk](http://www.stonehousefamilysupport.org.uk)  [stonestep@hotmail.co.uk](mailto:stonestep@hotmail.co.uk) |
| Victim Support | Provide support for victims of crime | [www.victimsupportsco.org.uk](http://www.victimsupportsco.org.uk)  [eilidhbrown@victimsupportsco.org.uk](mailto:eilidhbrown@victimsupportsco.org.uk)  01698 301111 |
| Who Cares? Scotland | Provide advocacy service for young people in care | [www.whocaresscotland.org](http://www.whocaresscotland.org)  [hello@whocaresscotland.org](mailto:hello@whocaresscotland.org)  0141 226 4441 |
| Women’s Aid |  | [www.wasl.org.uk](http://www.wasl.org.uk)  [info@wasl.org.uk](mailto:info@wasl.org.uk)  01698 891498 |
| [www.youthaccess.org.uk](http://www.youthaccess.org.uk) | A national membership organisation for youth information, advice and counselling agencies. Provides information on youth agencies to children aged 11-25 and their carers but does not provide direct advice. |  |
| [www.getconnected.org.uk](http://www.getconnected.org.uk) | Free, confidential telephone and email helpline finding young people the best help whatever the problem. Provides free connections to local or national services, and can text information to callers’ mobile phones. |  |
| [www.childline.org.uk](http://www.childline.org.uk) | provides confidential telephone counselling service for any child with a problem. It comforts, advises and protects. |  |
| Lanarkshire Youth Counselling Service | One to one therapeutic counselling services for young people on a wide range of issues. | www.nhslanarkshire.org.uk/healthyliving/drugs/localservices/youthcounsellingservice  07795 968 529 |
| Relationship Scotland | counselling service for children and young people gives you time to explore your thoughts and feelings about changes you may be going through. | [www.relationships-scotland.org.uk](http://www.relationships-scotland.org.uk)  [maureen@rs-cc-lanarkshire.org.uk](mailto:maureen@rs-cc-lanarkshire.org.uk)  01698 254709 |
| Clydesdale Counselling and Human Development Project | offer counselling, psychotherapy, personal and professional development to the people of Clydesdale and surrounding areas. | [www.clydesdalecounselling.co.uk](http://www.clydesdalecounselling.co.uk)  [secretary@clydesdalecounselling.co.uk](mailto:secretary@clydesdalecounselling.co.uk)  10555 773983 |
| Moira Anderson Foundation | Provides a place of safety and support for children and adults who have been affected by childhood sexual abuse. Counselling is provided across Scotland. | [www.moirananderso.org](http://www.moirananderso.org)  [info@moiraanderson.org.uk](mailto:info@moiraanderson.org.uk)  01236 602890 |
| Survivors UK | Survivors UK supports and provides resources for men who have experienced any form of sexual violence. | [www.survivorsuk.org](http://www.survivorsuk.org)  Help chat helpline on web page  020 35983898 |
| Meridian | Offers counselling to those affected by drug and alcohol abuse | [www.liber8.org.uk](http://www.liber8.org.uk)  [admin@liber8.org.uk](mailto:admin@liber8.org.uk)  01698 825114 |
| Landed | Peer education / support for young people | [www.landed.info](http://www.landed.info)  [jacquibradley@landed.info](mailto:jacquibradley@landed.info)  01698 269872 |