Welcome to
Jock Stein Centre

This guide provides information about our:

1. Facilities and services
2. Pay-as-you play prices
3. Monthly memberships
4. Booking details
5. Feedback procedures
6. General opening hours
1. Our facilities and services

Gym

The gym at Jock Stein Centre is well-equipped with a range of modern cardio-vascular and resistance equipment. The gym is open during the centre’s general opening hours (see section 6).

Fitness classes

Jock Stein Centre has a vast fitness class programme with classes ranging from line dancing to Body Combat. Pick up a ‘Fitness class timetable’, or visit www.slleisureandculture.co.uk for details of all South Lanarkshire Leisure and Culture centres’ timetables.

Pitches

Enjoy a kick about on one of Jock Stein Centre’s pitches. The centre has one 3rd generation synthetic pitch as well as three grass pitches.

Sports hall and meeting room

Jock Stein Centre has a large sports hall that caters for a wide variety of fun sporting and recreational activities, ranging from badminton to basketball. This hall, as well as a small meeting room, is available to hire.

Birthday parties

Give your child a party to remember at Jock Stein Centre! Parties are available on Saturdays, although alternative days may be discussed. A bouncy castle, soft play and badminton/short tennis can be set up for the parties in the sports hall as required. The meeting room can be set up with tables, chairs and a CD player. Catering facilities unfortunately cannot be provided. For full terms and conditions, please contact Reception.

ACE children’s activities

We offer a programme of children’s activities. For more information visit www.slleisureandculture.co.uk/ace. These activities are included in our ACE membership (see section 3).
2. Pay-as-you-play prices (1 April 2018 - 31 March 2019)

At Jock Stein Centre you can pay for your activities as you attend, or pay monthly by direct debit with our great value memberships (see overleaf for details).

<table>
<thead>
<tr>
<th>Activity</th>
<th>Adult</th>
<th>Junior</th>
</tr>
</thead>
<tbody>
<tr>
<td>Badminton</td>
<td>£10.40</td>
<td>£5.20</td>
</tr>
<tr>
<td>Birthday parties</td>
<td>-</td>
<td>Contact reception</td>
</tr>
<tr>
<td>The Perfect Fit*</td>
<td>£34.90</td>
<td>£17.45</td>
</tr>
<tr>
<td>Short tennis</td>
<td>£10.40</td>
<td>£5.20</td>
</tr>
<tr>
<td>Fitness classes</td>
<td>£5.70</td>
<td>£2.85</td>
</tr>
<tr>
<td>Gym session</td>
<td>£6.30</td>
<td>£3.15</td>
</tr>
<tr>
<td>Shower/change</td>
<td>£1.85</td>
<td>-</td>
</tr>
<tr>
<td>Sports hall</td>
<td>£40.95</td>
<td>£20.50</td>
</tr>
<tr>
<td>Grass pitch hire**</td>
<td>£65.50</td>
<td>£32.75</td>
</tr>
<tr>
<td>Table tennis***</td>
<td>£4.00</td>
<td>£2.00</td>
</tr>
<tr>
<td>Meeting room hire</td>
<td>£14.65</td>
<td>-</td>
</tr>
<tr>
<td>3G Synthetic pitch (7-a-side)</td>
<td>£37.55</td>
<td>£18.80</td>
</tr>
<tr>
<td>3G Synthetic pitch (11-a-side)</td>
<td>£65.15</td>
<td>£32.60</td>
</tr>
</tbody>
</table>

* Gym orientation and exercise programme. Free for fitness members.
** Per game (2 hours).
*** Only available to hire in the studio

Leisure for all

Concession, Student, and Scholars Cards entitle holders to up to 50% off most pay-and-play activities. Contact Reception for an application form.

Aged 60 or over?

If you live in South Lanarkshire, you can access all of South Lanarkshire and Culture’s indoor leisure facilities for £56.25 per year with an Activage card. Non-residents and non-card holders are still eligible for senior rates of up to 50% off. For more information, please contact Reception.
Your exercise saver

Purchase a Yes card for an annual cost of £10 and you will get 10% off gyms, fitness classes, swimming, racquet sports, sauna/steam and Perfect Fit throughout the year.

3. Monthly memberships

If you use our facilities regularly, our great value memberships allow you to pay by an affordable monthly direct debit payment, and could save you money!

We offer a wide variety of memberships, including fitness, health suite, swimming, swimming lesson and ACE children’s memberships.

If you want any more information about our memberships, our staff will be happy to help.

4. Booking details

All activities must be paid for at time of booking. This can be done online at www.sllcbooking.co.uk/connect, by telephone, or at reception.

- If you fail to give 4 hours notice of cancellation or do not turn up for a pre-booked ACE or fitness class or a racquet sports booking, you will not receive a refund for the lost booking. ACE, Activage and Fitness members will be charged a £2.00 cancellation fee.
- If you fail to give 24 hours notice of cancellation or do not turn up for a pre-booked sports hall booking or swimming lesson, you will not receive a refund for the lost booking.
- If you fail to give 7 days notice of cancellation or do not turn up for an extended let/block booking, you will not receive a refund for the lost booking.
- For ACE courses if you fail to attend 2 weeks or more consecutively without notifying the site directly then your booking will be cancelled and you will not be automatically re enrolled onto the following course.

5. Feedback procedures

We are keen to get your feedback on our services and facilities. Please provide feedback via our ‘Have your say’ leaflet. If you feel a member of staff has served you exceptionally well, please express this via our ‘Excellence in customer service’ leaflet.

6. General opening hours

<table>
<thead>
<tr>
<th>Monday - Thursday</th>
<th>9.00am-10.00pm</th>
<th>Saturday</th>
<th>9.00am-5.00pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday</td>
<td>9.00am-9.00pm</td>
<td>Sunday</td>
<td>9.00am-5.00pm</td>
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</tbody>
</table>

For more information about South Lanarkshire Leisure and Culture’s other facilities and services visit www.slleisureandculture.co.uk.

If you need this information in another language or format, please contact us to discuss how we can best meet your needs. Phone 01698 476262, Textphone 18001 01698 476262, or email customer.services@southlanarkshireleisure.co.uk.