



Decade of investment means better homes for council tenants

BY ANDY LIVINGSTONE

ORE than ten years of work and investment have seen the standard of living for South Lanarkshire Council tenants exceed Scottish Government targets.

In 2004 the Scottish Government developed the Scottish Housing Quality Standard (SHQS), which set out five criteria that properties should achieve.

A deadline of March 2015 was given, by which time properties must meet the

tolerable standard; be free from serious disrepair; be energy-efficient; have modern facilities and services; and be healthy, safe and secure.

Prior to this, South Lanarkshire Council had already drawn up a 30-year business plan that included its own standard for the upgrading and maintenance of its residential properties – a standard that not only covered all of the SHQS criteria but also went further, including enhancements such as over-bath showers and floor coverings

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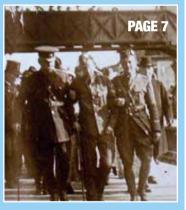


INSIDESTORY WORKINGOUT



Douglas working hard on the road to recovery

FITTINGTRIBUTE



One of Carluke's bravest sons remembered

TOPMARKS



Thoroughly modern primary schools

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44 new houses built and 120 are now under construction

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and decoration to kitchens and bathrooms.

A stock condition survey showed that, in 2004, just 29% of the council's housing stock met the SHQS and so plans were drawn up to ensure that the properties met the SHQS and the council's enhanced standard by March this year.

As a result, a massive programme of work began in 2004/5 with the commencement of the council's Housing Investment Programme, known as HomeHappening.

Ann Gee, Executive Director of Housing and Technical Resources, said: "This has been an enormous commitment by the council and is one that has reaped benefits for council tenants in South Lanarkshire."

"Our own standard went beyond that

Under HomeHappening, more than £431million has been invested so far in the properties themselves and the landscaping around them.

Major areas of improvement have included the replacement of 25,647 kitchens and bathrooms, 9057 heating systems and 8590 external doors, while 144 projects to upgrade the external fabric of buildings have also been carried out.

Alongside this work, investment has also seen two new sheltered housing complexes completed, 53 ex-council houses bought back from developers through the council's PX Plus scheme and environmental improvements made.

A total of 44 new council homes have already been built and work has already started on the construction of 120 properties across three sites in East Kilbride and Fernhill

500 new units by 2020.

Alex McInnes, Chair of Housing and Technical Resources, said: "We may have achieved the SHQS standard, but we continue to work on improvement plans for housing stock. We want to ensure that our standard of housing continues to be high and we are already investing in new work streams to improve energy-efficiency by upgrading insulation, central heating, external fabric and doors and windows while also upgrading existing sheltered housing accommodation, making environmental improvements and ensuring we meet our legal commitments on gas safety, electrical testing, etc."



Don't forget to be wary of fire

South Lanarkshire Council is working with Scottish Fire and Rescue Service to remind tenants of the dangers of fire in their homes, writes Andy Livingstone.

Since April last year, several people have been injured and one person has died in house fires in . South Lanarkshire Council houses. The cost of damage to council properties has totalled £333,000.

Annette Finnan, the council's Head of Area Services, said: "Everybody's home potentially is at risk of fire. It's important to know how to reduce the chances of fire happening in your home and, if it does, how to protect yourself.

"Cooking accidents, overloaded sockets, faulty appliances, smoking and excessive drinking are just some of the causes. One lapse of concentration, such as leaving a pan on the cooker unattended or failing to put out a

cigarette properly, could start a fire which could change your life forever."

South Lanarkshire Council has fitted hardwired smoke alarms to council houses. However the majority of fire deaths in Scotland occur where there was either no smoke alarm or an alarm that

Most house fires start in the living room or the kitchen. Living rooms contain many combustible materials such as curtains. cushions and gas or electric fires, all of which are potential fire hazards, whilst kitchens are full of ignition sources such as cooking oil, gas and a various electrical appliances that generate large amounts of heat.

Bedrooms are another area where extra care is needed, with electric blankets, portable heaters and smoking in bed all increasing the risk of fire.

Watch Manager Alistair Stewart of the Scottish Fire and Rescue Service, said: "Taking simple steps

You can request a free Home Fire Safety Visit where fire fighters come to your house and fit smoke alarms free of charge, if you need them. They have a long life battery too, so you don't have to spend any money. To arrange a visit call 0800 0731 999 or call your local fire station.

like testing your smoke and heat alarms weekly, closing your doors at night and making an emergency escape plan could save your life in the event of a fire. Remember, none of the people hurt last year thought it would happen to them.

"We also want everyone to consider whether someone they

know might be at higher risk. By talking to them about fire safety and putting them in touch with us, you really could save a life."

Personal possessions are often destroyed in fires and, where extensive fires occur, tenants and home owners may lose everything.

In some cases, tenants and homeowners do not have home contents insurance and have no means of replacing what they have lost. It is important that tenants make sure they have contents insurance to protect against such losses

Council tenants can either arrange their own cover or can take advantage of the council's specially arranged policy with

■ Further details of this are available by contacting South Lanarkshire Council on 0303 123 1011



COMMUNICATE: Launch of the Languages 1+2 Strategy at South Lanarkshire Council HQ.













South Lanarkshire pupils say Hola, Guten Tag and Bienvenue to languages



BY SARAH BURROWS

s some families prepare to take their summer holidays in more exotic climes, South Lanarkshire Council has committed to taking a more European approach to language learning in all primary schools.

Language Learning in Scotland: a 1+2 approach is a Scottish Government policy aimed at ensuring that every child has the opportunity to learn a modern language from Primary 1 onwards.

South Lanarkshire launched their official Languages 1+2 strategy recently, outlining the council's commitment to ensuring that children will learn two languages in addition to their mother tongue at primary school. This model has been successfully adopted in many countries across Europe and beyond.

When the schools go back in August, a first additional language (L2) will be introduced in Primary 1 and this language has to be one that the children can continue with until at least the end of S3. They will also be able to undertake National Qualifications in this language. In most areas L2 will be either French, Spanish or Gaelic.

Janey Mauchline, South Lanarkshire Council's Quality Improvement Officer with responsibility for languages says: "From primary one, and even earlier in some cases, children will start to learn a new language. They will be taught how to greet others and say their name; they will learn number and colours and will even begin to order their lunch in the foreign language.

"The language won't always

be taught as a discreet subject but rather it will be built into the child's school day.

"As adults, this may seem daunting but early adoption can make language learning easier and it helps children make sense of their first language while improving their literacy and communication skills.

"Children aged 4 and 5 are enthusiastic and less inhibited than older children meaning that they are more likely to mimic and develop correct pronunciation and experiment with new language.

"Introducing a foreign language from an early age really is life enhancing. It opens the doors to numerous possibilities and experiences and encourages children to be inquisitive to other cultures.

"The growth of business and

later than Primary 5 or even earlier where possible.

This language can be any living language ranging from Gaelic or Scots, to Mandarin or British Sign Language.

Janey continues: "It has been

exams will be eased.

Janey continues: "It has been proven that a second modern language is easier to grasp than the first, so for our children it should be a natural progression.

travel means that it isn't just nice

to have an additional language,

it is becoming necessary. By

having a good grounding in a second language by the time

young people reach secondary

school it is hoped that the

transition to National 4 and 5

also be working towards making

sure that a second modern

language (L3) is introduced no

From August, schools will

"This change will bring us more in line with how languages are taught in Europe and will ensure that our young people get the very best start possible."

"Introducing a foreign language from an early age really is life enhancing"





GAME ON: Girl's football team Jemma Marriott, Teigan McCann, Natasha Hoole, Fiona Woods (Coach). Front row left to right: Lesley Scanlan (Coach), Chloe Muir, Shanna Haynes, Ruth Currie, Chloe Aitken



READY TO GO: Gymnasts Caitrin Darroch, Wendy Lucas (coach) and Sophie Watters

BY MHAIRI ANDERSON

EAM South Lanarkshire is ready to take on the world at the International Children's Games.

This year Alkmaar in the north of Holland will host the 49th ICG event, with more than 1500 athletes from around 80 cities and regions across the globe competing in nine different sports - golf, football, tennis, swimming, gymnastics, judo, beach volleyball, volleyball and athletics.

South Lanarkshire Leisure & Culture's General Manager, Gerry Campbell said: "We are delighted to have 18 young people from South Lanarkshire taking part in the ICG this year, from 24-29 June, and wish them all well as they step into this great international sporting arena.

"Team South Lanarkshire, together with their parents/guardians and coaches, attended a briefing on the International Children's Games to find out just what the challenges would be and all left with a great feeling of enthusiasm and anticipation.

"Preparing for the ICG this year has conjured up special memories from the

ICG TEAM READY TO KE ON THE WORLD

many years we in South Lanarkshire have participated in these Games.

"What stands out to me is how much our young people have gained in so many ways, not least through having the opportunity to make new friends from all around the world while enjoying this fantastic sporting experience.

Gymnast Caitrin Darroch said: "I think it will be a great opportunity to see the different styles the competitors from around the world bring to the Games and to see how they train and prepare"

Robert Blackwood from inspirED said: "This is the third time we have sponsored the ICG team and we are really proud to give them our support.

"On top of that, we see this as a great time to continue giving our support following the Commonwealth Games last year and the Olympics before that.

"The international Children's Games is a very inclusive event and it is a next step on for young people aspiring to achieve big things in sport."

Gordon Boyle from SPIE said: "Our company sees sponsorship of the ICG squad as an opportunity to put something back into the communities where we work and to show our support for young people.

experience from sponsorship of the ICG athletes has been really positive with the squad members saying great things about the experience and I think it has touched the whole community."

The first International Children's Games took place in Celje, Slovenia in 1968 at the height of the Cold War and more than 40 years later, the vision the founding fathers had for the event has become firmly established and grown into the wonderful annual event it is today.

Lanarkshire was the proud host of the ICG in 2011 in what became known as "the best games ever".

New ice rink to be at heart of leisure hub

MORE than £2m is to be spent on a new state-ofthe-art ice rink at East Kilbride.

The new facility will compliment a substantial redevelopment within the Olympia mall at East Kilbride Town Centre.

A new leisure hub will be created, featuring a variety of family-orientated restaurants, a new commercial gym, the existing cinema complex and the refurbished ice rink.

The East Kilbride Task Force has worked closely with the Town Centre on the plans for the leisure hub.

The Task Force includes representatives from South

Lanarkshire Council, Scottish Enterprise, **Business Gateway** Lanarkshire Enterprise Services, Skills Development Scotland, Lanarkshire Chamber of Commerce, South Lanarkshire College and Orion Capital Managers, on behalf of East Kilbride Town Centre.

Chair of South Lanarkshire Council's **Enterprise Services** Committee, and chair of the Task Force, Councillor Chris Thompson, said:

Creating a leisure hub within the shopping centre is something we are delighted to support and I am sure will be a great success.

"The ice rink is still very well used with more than 100,000 visitors each year.

"Unfortunately it is now around 25 years old and needs a major refurbishment if it is to continue to be fit for purpose.

"This investment safeguards the future of the ice rink and ensures it will be at the heart of this exciting new leisure development.

"It shows that the East Kilbride Task Force is committed to bringing new and exciting opportunities to the town."

Head of Retail, Orion Capital Managers, Richard Low, said: "South Lanarkshire Council's

commitment to a new ice rink is fantastic news for East Kilbride Town Centre.

"In addition to a new ice rink the new development will comprise 11 new restaurants and cafes, a gym and an upgrade to the Olympia Mall area.

"The new development has already secured several exciting restaurant brands with several new names to be announced shortly."

Work is expected to be completed on the new ice rink by summer 2016, with the leisure hub opening soon after.

A 25-year lease (with the option of a further 15 years extension) to operate the ice rink

is also expected be agreed with South Lanarkshire Leisure and Culture.

The Town Centre owners are to take the lead in terms of the design and procurement of the redevelopment.

The leisure hub is in addition to a new skills and training centre which opened earlier this year in the town centre to help businesses and jobseekers across South Lanarkshire.

The EK Work and Training Hub was the result of a commitment by the Task Force to help people access employability services and respond effectively to business needs.

ACTIVE TUESDAY HELPS DOUGLAS ON ROAD TO RECOVERY

BY JAMES DAVITT

Douglas McArthur's life was going great.

Happily married with two children, the Blantyre man had a busy and active social life as well as being in charge of a number of successful construction firms.

But beneath the cheerful demeanour Douglas was struggling to cope with the pressures of ensuring his businesses remained competitive.

The stress built and built, and before long he found himself unable to even get himself up and out to work in the mornings.

The work-related stress meant the end of his career – but even more devastating was the impact it had on his short-term memory.

He said: "The memory loss caused me to withdraw and be isolated from society.

"During the past 12 years my wife Anne has been my carer and I relied on her to get me everywhere.

"I was terrified to go out the house on my own as I knew I would forget how to get home again. The isolation meant I lost my construction businesses and would only very rarely go outside – and only if my wife or someone else was with me."

It was a rare car journey with his wife that triggered a huge change in Douglas' life.

He explained: "I was passing by Blantyre Leisure Centre when I noticed a sign outside advertising Active Tuesday sessions for the over 50s and retired people.

"The fact that it was free and there were lots of different things to try appealed to me.

"However, at the same time it was also extremely daunting – I knew this would be the first time in 12 years that I would be trying to do something by myself.

"It was an absolutely terrifying experience.

"My wife dropped me off and after five minutes or so I was ready to turn and walk back out the door again.

"Thankfully, one of the volunteers, Christine, came up to me and encouraged me to try things out.

"That was the turning point, her reaching out to me – and before I knew it I was trying everything, taking part in things I hadn't tried in years."





IN SHAPE: Douglas working it out with Aileen Pollock of Blantyre Leisure Centre

The Active Tuesday sessions are run by Seniors Together, South Lanarkshire Council's project aimed at improving the quality of life for older people living in South Lanarkshire.

Among the free activities are Tai Chi, yoga, pilates, soft tennis, health checks, new age curling, nutrition classes and group exercises.

Douglas is full of praise for the friendly nature of the staff and people who attend the classes.

He said: "Coming here has brought me out of my shell so much. I have met so many people I would never have met otherwise



"It has had such a huge impact on my life and I have gone from someone who was scared to meet people to now having a wide circle of friends that I meet up with at the leisure centre.

"Every week I am here I meet new people. It has helped my social skills so much and I am very grateful to everyone – they have all been so kind to me."

Modern technology has also helped Douglas on the road to becoming independent.

He said: "Because of my memory loss I use the satnay on my phone to get to and from the leisure centre safely.

"At first it was easier to get my wife to drop me off and come and get me, but the confidence I have got from coming here on a Tuesday means I actually enjoy the walk here and back home.

"All of the changes I have experienced have one common catalyst – and that has been the Get Active Tuesday sessions at Blantyre Leisure Centre."

■ For further information on Active Tuesday please contact Seniors Together on 01698 454105.

SCHOOLS ARE ENCOURAGED TO TAKE LEARNING OUTSIDE

South Lanarkshire Council recently launched an Outdoor Learning Strategy for all nurseries, primaries and secondary schools to encourage more learning outside.

Schools from throughout the area attended the launch event to showcase what they were already doing in terms of outdoor learning. This ranged from playing in a mud kitchen to den building, survival skills, natural play and various ways of taking the curriculum outdoors.

Outdoor Learning can range from learning progressively thorough exploration, play or planned and structured learning and teaching activities. All schools are being encouraged to use a variety of these activities for pupils of all ages throughout the school year.

The new strategy outlines effective practice

"We are committed to enabling each child and young person to reach their full potential."

in outdoor learning and aims to ensure a more consistent approach in all of our establishments. It directs the way forward and is a signpost for creative opportunities that are fun, challenging and linked to the curriculum.

Councillor Jean
McKeown, Chair of South
Lanarkshire Council's
Education Resources
Committee said: "We are
committed to enabling
each child and young
person to reach their full
potential. Central to this
is our commitment to
the promotion of outdoor
learning.

"The launch of this strategy will make sure that a clear and consistent approach is taken throughout South Lanarkshire and that all children can benefit from the great outdoors.

"Thanks go to everyone involved in preparing the strategy and to those who showcased sector leading outdoor learning activities for children of all ages."

TWO MAJOR RETAILERS PREPARE FOR INVESTMENT IN SOUTH LANARKSHIRE

BY LYNNE CARSTAIRS

ORE than 70 jobs are being created as two major retailers gear up for multi-million pound investments in South Lanarkshire.

The council's Planning Committee has approved a plan for a terrace of retail and commercial units anchored by a Marks and Spencer 'Simply Food' store on the site of the former gasworks in Uddingston.

It comes hot on the heels of a new housing and retail proposal for the site of the former Holy Cross High School in neighbouring Hamilton where German discount food store Lidl will open their newest store.

The proposals for the site – which has lain empty since the school moved to its

new premises in New Park Street in 2007 – include the construction of 55 houses, 21 flats as well as the new foodstore.

The proposed Lidl store will be built at the south west corner of the site with direct access from Muir Street, via a new signalised junction, to a 99-space car park.

In addition the developers have agreed to make a contribution of £114,000 towards play facilities in the area.

Meanwhile in Uddingston, the new M&S food will anchor a terrace of four new retail units, fronting onto Bothwell Road, and served by a 65 space car park.

Councillor Hugh Dunsmuir, Chair of the Committee, welcomed both proposals as an economic shot in the arm to the authority. "The investment of Marks and Spencer and Lidl creating employment and boosting economic development is particularly welcome"

He added: "Each of these developments is good news for the communities of Uddingston and Hamilton and the wider area.

"The investment of Marks and Spencer and Lidl creating employment and boosting economic development is particularly welcome, and is a clear sign that South Lanarkshire continues to be an area ripe for investment.

"The site of the former Gas Works has been vacant for many years and these comprehensive plans look set to transform it for current and future generations.

"I am also delighted to see the plans for the former Holy Cross site. Not only will this development provide a variety of new housing types in a prime location, but this part of the town will also benefit from further investment and retail choice."



ROADS IMPROVEMENTS ACROSS COUNCIL AREA

MORE than £17m will be spent on improving roads across South Lanarkshire in the next year.

Launched in 2008, the council's innovative £126m Roads Investment Programme is designed to improve 80 per cent of the council-controlled South Lanarkshire road network.

Although originally scheduled to last for eight years, the scheme was extended for another three years, to 2019, back in 2011.

With approximately 2200 km of roads in South Lanarkshire that the Council has responsibility for, it is the council's biggest asset, valued at around £3.2 billion.

Chair of South Lanarkshire

Council's Enterprise Services Committee, Councillor Chris Thompson, said: "There is no doubt the condition of our roads has improved year-on-year as a result of the Roads Investment Programme.

"Our long-term approach has been commended by Audit Scotland and as a council we are determined to do everything in our power to keep improving our road network.

"It is important to point out that we are in no way complacent about the hard work ahead of us and there are some significant schemes taking place throughout the area which will mean a real improvement to road users."

Among the roads in the Clydesdale area to be improved is the A70 Mainshill Brae in Douglas. The road will be resurfaced at a cost of £420,000.

More than £250,000 will be spent on resurfacing and improving the drainage and kerbing on the B740 at Crawfordjohn.

And a section of the A72
Lanark Road, from
Crossford to Sandyholm,
will benefit from
resurfacing costing
£202,000.

In East Kilbride, one of the

major resurfacing schemes will be the resurfacing of the A71 from Caldermill to High Bent with an investment of £325,000.

Greenhills Road will see significant improvements thanks to a £250,000 resurfacing scheme, from Swift Place to Millburn Gardens.

And a section of Stroud Road, from Whitehills Terrace to Quarry Road and near Pine Crescent, will benefit from resurfacing work estimated to cost £150,000.

In the Hamilton area, Swisscot Avenue will be resurfaced in a project costing more than £170.000.

Wellhall Road, will also be resurfaced, from Rederech Crescent to Hillhouse Road roundabout, in works estimated to cost around £150,000

And Laurel Bank/St Ronan's Drive estate will also benefit from an investment of more than £150,000 which will see roads in both streets resurfaced.

In the Rutherglen area, the full length of Kings Park Avenue will be completely resurfaced with the works costing £132,000.

Improvements will also be completed on Berwick Avenue in Rutherglen, with the full length of road resurfaced at a cost of £130.000.





HOMECOMING: A hero's welcome for one of Carluke's fighing men

BRAVE SON OF CARLUKE REMEMBERS OF CARLUKE





BY STEPHEN TERRY

FITTING tribute has been paid to the heroism of one of Carluke's bravest sons.

Exactly 100 years on from the feat of astonishing bravery, a commemorative paving stone was unveiled by South Lanarkshire's Provost Eileen Logan in honour of William Angus VC.

Although born in Armadale, Willie was brought to Carluke as a baby and grew up there, becoming a miner. He was also a good footballer and signed for Glasgow Celtic.

In 1914 he signed up with the Highland Light Infantry along with 28 other volunteers from Carluke, one of whom was James Martin, who was later commissioned and whose life Willie later saved

Willie was posted to France and was transferred to the 1st Battalion, 8th Royal Scots. Whilst on a patrol out in 'no-man's land' on the night of 11 June 1915 his unit was trying to capture a German position in the opposing trenches but was forced to retreat due to heavy machine-gun fire and grenades as the men tried to negotiate their way through an area which had been mined.

However they discovered on returning to their trench that Lieutenant James Martin was missing. At dawn on 12 June they caught sight of him some 40 yards away, close to the German trenches. He was wounded and unable to move but clearly was still alive.

Their Commanding Officer made the





HONOUR: South Lanarkshire's Provost Eileen Logan unveils the tribute to William Angus VC

decision that it was far too dangerous to attempt to rescue him and would be "certain death" for anyone who tried.

But Willie volunteered as his officer was also a Carluke man. Reluctantly the Brigadier agreed to let him try, so he set off with 40 feet of rope to try to tie it to his stricken comrade and drag him back to the safety of their lines.

He managed to get to James unseen and tied the rope around him but was then spotted by the Germans. Because of covering fire from the Royal Scots the Germans' shooting opportunities were limited so they threw grenades down upon them as well.

Undeterred, Willie protected his officer with his own body and was quickly covered in his own blood by 40 wounds, eventually losing an eye as a result. But Lt Martin was eventually hauled back to safety while Willie remained in no-man's land drawing enemy fire until his friend was safe.

The following year when Willie was summoned to Buckingham Palace to

receive his VC from King George V, his father travelled down to London to see him. During the award ceremony the King asked Willie where his father was. He replied that he was outside the palace at the gates waiting for him. At this the King said: "That will never do. Bring him in so I can congratulate him on having such a brave son."

Afterwards Willie went back to the hospital in Chatham for more treatment for his wounds before eventually returning home to a hero's welcome.

The special ceremony in Carluke comes after the Integration and Community Rights Directorate at the British Government contacted the council regarding the First World War Commemoration in relation to the Victoria Cross commemorative paving stone programme, which will see a commemorative paving stone laid for each Victoria Cross recipient of the First World War.

The idea is that each stone is laid 100 years from the day of action for which the VC was awarded.



If the kids love the outdoors then the timetable could easily be packed. There is a fantastic range of sports programmes to develop skills in football, track and field, dodge ball and tennis. For those older than eight, the Outdoor Learning and Adventure team offers dinghy sailing, mountain biking and indoor climbing, all in the hands of fully qualified instructors.

Our fantastic country parks at

appearances in our parks this summer with the Gruffalo and Paddington Bear getting involved in the fun.

For those who like to make a splash, the water sports season at James Hamilton Heritage Park (JHHP) in East Kilbride is also now well under way.

But if the traditional Scottish summer rears its head, South Lanarkshire Leisure







OUT FOR

his summer for families. From outdoor s and crafts and rainy day ideas, there is i Anderson takes a closer look...

and Culture's summer programme also includes plenty of children's shows such as The Adventures of Isabel, a magical dance extravaganza for all the family. Or, how about our outdoor play, Calvinball, a lively and slightly wild musical where the game is on to find the missing rules of Calvinball.

Lanark Memorial Hall will host STICK MAN, Scamp Theatre's delightful adaptation of Julia Donaldson and Axel Scheffler's hugely popular children's book on 11 July. Or you can get really involved with a show during a singalong screening of Disney's The Lion King on 13 July. Tots will also love Pongo's Party, voiced by CBeebies' Justin Fletcher and Nicole Davis on 22 July, whilst the much-loved 'The Tiger who came

to Tea' enjoys a three day run from 13-15 August.

And on the arts front, there is lots going on for budding actors, artists, dancers and musicians across all of our venues.

Members of the ACE scheme can access a huge array of activities as part of their monthly fee.

■ To find out more about summer in South Lanarkshire, check out www.slleisureandculture.co.uk Or on social media, seach for children's activities in South Lanarkshire and Cultural activities in South Lanarkshire on facebook.





FUN IN THE SUN: Children enjoy time out at many of the activities round South Lanarkshire



Events in Libraries

THIS year's Summer Reading Challenge is being held in all South Lanarkshire's libraries and looks set to be bigger than better than ever.

The theme is Record Breakers which will bring together the worlds of fact and fiction, letting children explore some of the astonishing real-life achievements and world records featured in the Guinness World Records Books 2015.

Kids can pick up stickers as they go, and discover weird, wonderful and wacky records from around the world in six different categories: Cool Tech, Way to Go!, The Big Stuff, Animal Magic, People Power and Action! Adventure!

The Reading Challenge runs from 20 June until 15 August.

Weekly Summer Challenges

Weekly challenges will be held across all libraries as part of the Summer Reading Challenge. Each library will carry out the same challenge each week and at the end of the summer there will be a record breaking library for each challenge. Some of the challenges are – how long can you stand on one leg, how many children can you fit in a bookbug scrunchie, how many children in the library in a blue t-shirt?

Some other events include

- 25 June Gruffalo Walk at Blackwood Library 11am and Stonehouse Library 2pm (£2.10)
- 27 June Paddington in Overton Park Contact Rutherglen Library for details (£2.10)
- 1 July Paddington in Calderglen Country Park – Contact EK Central Library for details (£2.10)
- 15 July Paddington in Strathaven Park – Contact EK Central Library for details (£2.10)
- 22 July Gruffalo Walk in Calderglen Country Park – Contact EK Central Library for details (£2.10)

Across all libraries during the summer there is also a full programme of activities from Minecraft club, Bookbugs, Storytimes, Jolly Tots, Craft sessions, Lego Challenges, Coding Clubs, Yogacise, Explorers Clubs to Movie Makers clubs.

To find out more details about what's going on in our libraries visit www.slleisureandculture.co.uk

Grow it, Cook IT, Eat it and save,

BY MHAIRI ANDERSON

BUY one get one free deals, three for two offers, and discounted vegetable packs are abound in our supermarkets right now as they all fight for our custom in these worrying times when money is tight.

Food and fuel prices, static incomes, unemployment are just some of the reasons why people are finding it more and more difficult to make ends meet and, these days when every penny counts, it's not hard to see the attraction in shaving off a big part of the cost of grocery bills and growing your own.

South Lanarkshire Council's gardening expert, Liz Dunlop, says getting back to basics is

easy, inexpensive and most certainly rewarding.

So with more and more emphasis these days on the rising cost of food, healthy eating, and environmental matters – including excess packaging – now seems a great time to consider growing and cooking your own.

Pizzas, for example, are loved by many so Liz says why not think about the improved taste and the savings to be enjoyed by growing your own tomato and herb toppings?

Nothing could be easier and it could be fun for the kids, too. "Or, how about a healthy pot of homemade soup, possibly giving you your five-a-day all in one go – and it makes a handy quick lunch for the family," she said



"While supermarkets can provide us with a vast array of vegetables all year round, it is worth considering that many of these have to be sourced from around the world and travel many thousands of miles before reaching your plate - and they can be costly." said Liz. "Also, the natural sugars in the vegetables start to convert to starch the moment they are picked and they lose their natural sweetness.

"For those of you who have delighted in the taste of freshly picked tomatoes from the vine, or a crisp sugar snap pea from the garden, you will know there is no real comparison with the shop bought variety."

There is a huge choice of vegetables and herbs that can be grown successfully in the average garden, patio container or window box using a good multi-purpose compost.

Herbs that are easy to grow include basil, oregano, mint, chives, parsley and rosemary, and potatoes, carrots, tomatoes, onions and garlic are also simple for the green fingered enthusiast.

GLOWING REVIEW PUTS COUNCIL IN THE GOLDEN GANG

BY ANDREW THOMPSON

OUTH Lanarkshire Council has joined an elite club of just three Scottish local authorities after winning a coveted Investors in People Gold Award.

The council first gained Investors in People (IiP) accreditation in 2003 and has retained it ever since, but securing the Gold Award marks a significant achievement. It puts it alongside just seven percent of the 15,000 IiP accredited organisations around the world.

The IiP scheme was launched by the UK Government in 1991 to provide a framework for recognising excellence in people management.

South Lanarkshire's Gold Award was confirmed by IiP Scotland following a three year assessment process.

The review team interviewed hundreds of council

staff and gathered evidence from a wide range of sources to assess South Lanarkshire Council's performance against the 165 requirements needed to achieve Gold – 50 more than for Silver and 100 more than for Bronze.

Chief Executive of South Lanarkshire Council Lindsay Freeland said: "This is a marvellous achievement for an organisation as large and diverse as the council. Getting a Gold Award means we have demonstrated a commitment to best practice and improvement, through excellence in developing and supporting staff as we collectively pursue the council's objectives.

"The Managing Assessor's report highlighted some key areas of good practice, including our culture of continuous improvement, openness and trust, our strong corporate social responsibility, and our practices to embed equality and diversity.

"We will not rest on our laurels, however, and we will use the Managing Assessor's report to identify further improvements."

Council Leader Eddie McAvoy, pictured right, said: "I congratulate Lindsay and his team on this significant achievement. It demonstrates that the council is a well-run organisation with clear goals, and that officers know how to achieve them."



Evergreen adventurer

Lillis still in the pink with help of new walking programme

BY EUAN DUGUID

GREAT grandmother who's travelled to the corners of the earth has revealed how an innovative walking challenge has reinforced her sense of adventure - at 94-years of age.

Former social worker and lifelong traveller Lillis Oldham from Strathaven - who once ventured to Cambodia as part of the humanitarian effort following Pol Pot's genocide – is a participant of Voluntary Action South Lanarkshire's (VASLan) Strolling Steady initiative.

Strolling Steady has seen around 100 recruits across South Lanarkshire issued with free start up packs, including a pedometer, so they can clock up miles in and around their own homes.

And Lillis has embraced the challenge with all the gusto that's characterised a life less ordinary.

"I was a military wife and during WWII we were moved around various bases in the UK as my late husband, Richard, served overseas.

"Richard died of natural causes shortly after the war and I was left to bring up four children. I retrained as a social worker, including studying in Sweden, and later worked across west central Scotland, settling in Strathaven.

Lillis continued: "Latterly I was leading a team in Stonehouse Hospital and spent my holidays and free time travelling the world, from the Indian subcontinent to all over Europe

"I've never really been one to sit around and let life pass by and have always loved immersing myself in new cultures and environments.

"Life, for me, has always been about going out and grasping opportunities. When I heard about the Strolling Steady initiative I wanted to give it a go."

The initiative, which was backed by Big Lottery funding and set up by VASLan as part of the national Reshaping Care for Older People (RCOP) programme, consists of participants wearing a pedometer to record their activity. A key goal of RCOP is to help growing numbers of people over

65 beat isolation and to continue to live full, positive and independent

Participants of Strolling Steady are also provided with a diary to mark progress and information on how they can be more active in their day-to-day lives. They challenge themselves to reach a target they set down, whether that's moving around more in their homes, walking to the local shops or even further afield.

The aim is that by the end of the programme, those taking part will have increased their activity to a stage where they feel fitter, healthier and more confident.

For Lillis, the programme has simply renewed her irrepressible

"My family have always been very green fingered and I love to tend the garden at my home in Strathaven.

"I'm feeling really good after almost completing the programme. We once had a small strawberry field in our grounds and I'm determined to replant that.

Lillis added: "I've no immediate plans to travel but you can often find the best adventures in life are on your doorstep. The Strolling Steady programme has been part of that.'

Emma Hodge, VASLAN's Locality Development Officer covering East Kilbride and Strathaven, recruited Lillis to the programme. Emma said: "The benefits of regular exercise are well known and are especially important in helping older people maintain health, wellbeing and independence.

11

"That's been a key aim of this programme and we're delighted such an inspirational, energetic lady like Lillis has taken so much satisfaction from it."

VASLan's Locator tool, set up through RCOP, makes it quick and easy to find older people's services and activities run by the voluntary sector in South Lanarkshire. Visit http://www. vaslan.org.uk/locator/ or contact 01698 300390

The spirit of partnership working established under RCOP is being extended to the entire adult population as a new act requires health and social care to integrate their services. Partners, like the voluntary sector and unpaid carers, will continue to play a crucial role. For more information on integration visit http://bit.ly/1FqvUeI



nto the heart

IN the late 1970s, making best use of her social work expertise, Lillis volunteered to help in the humanitarian effort geared to ease the suffering caused by one of the darkest episodes of modern history.

Pol Pot oversaw an unprecedented and extremely brutal attempt to remove Cambodia from the modern world and establish an 'agrarian utopia'.

In the attempt he created the Cambodian Genocide, which lasted from 1975 to 1979 and caused the deaths of at least 1.5

million Cambodians out of a population of approximately 8 million.

By 1979, U.N. and Red Cross officials were warning that another 2.25 million Cambodians could die of starvation due to the near destruction of Cambodian society under the regime of the ousted Prime Minister. Most were saved by an international aid effort.

"I was posted to an aid camp led by two French Monks on the Thailand/Cambodia border," Lillis explained.

"I was in the jungle for two weeks with all the

hardships that entails, rudimentary conditions, bugs, heat - but it never once affected our focus. We had a job to do and my role was to get food to displaced children who were starving.

"The scale and the need of the crisis has something that's never left me – and has always put things back into perspective here."

Lillis added: "The humanitarian effort did save more from dying and I'm thankful for having the opportunity to ease at least a small part of profound suffering caused during this terrible time in history.'

Innovative text message system offering vital reassurance to patients

BY EUAN DUGUID

FORMER charity worker who dedicated his time to helping others has revealed how the power of text has offered him vital reassurance in his own time of need.

Bill Alcorn (63), from Biggar in South Lanarkshire, managed a Befriending Project for Bethany Christian Trust in Edinburgh, which was geared to keeping older people connected to their communities.

But a severe heart attack in 2011, followed by a series of related problems which led to Bill facing the possibility of a heart transplant, put an early end to his career.

Now Bill, who is recovering in his own home, has explained how an innovative

new text message system – which links patients directly to NHS Lanarkshire Heart Failure Nurses to help manage their condition – has given him a crucial boost.

"Although my condition has improved to the extent I don't need the transplant, I still have a lot of medication and regular checks and appointments to manage the symptoms.

"When something like this happens it affects your confidence profoundly. You can feel at the mercy of the condition.

"But the text message system has given me an extra layer of reassurance and a sense of regaining control. Help and advice is only a text away."

The system is known as Florence and can help patients, like Bill, who have had hospital treatment for heart failure over the previous six month period.

The service, arranged by the specialist nursing staff, helps the user take a more active role in their own health care.

The system can be used on any mobile phone able to receive texts and is free for the patient to use.

Patients, who can be of any age, send

details such as weight and blood pressure, in a text message, and receive texts back with advice, all based on the latest readings. The specialist nurses can add reminders or information to suit the individual patient and their care.

Traditional care is still available. In Bill's instance, he attends a regular clinic in Carluke, 17 miles away. The Florence system means, however, he isn't always tied to visits to clinic or hospital.

Bill added: "I don't mind going to clinic – but it's good to know you can go on holiday and not have any problems.

"We live in quite a rural area so it's also good to know when the weather's bad you can relay the vital information via text.

"This is all about freedom and retaining independence which is very important for

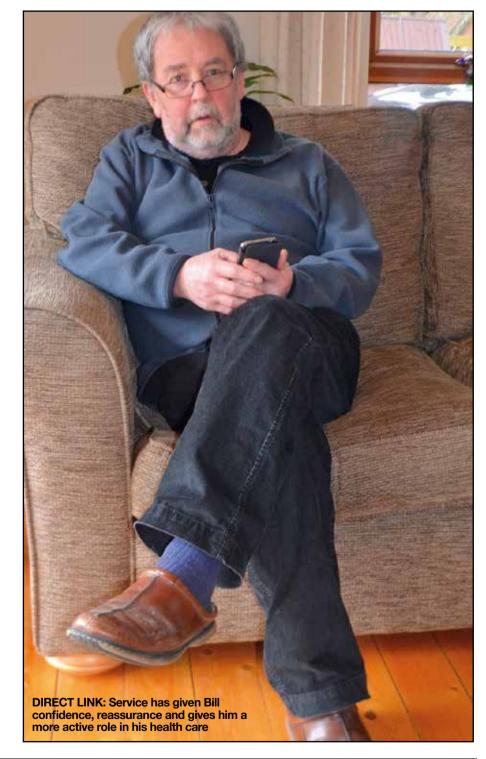
The innovative scheme is part of the European-wide initiative United4Health, which is geared to using new technology to improve healthcare. NHS Lanarkshire along with North and South Lanarkshire Council are partners and the initiative comes at a pivotal time.

A new act requires health boards and local authorities to integrate their adult health and social care services.

A key aim of integration is to provide person-centred planning and delivery, so that people get the right advice, support and care in the right place and at the right time

Morag Hearty, United4Health programme manager, added: "This is just one of a raft of systems being introduced to get patients more involved in custom designed, personalised healthcare which can only increase independent living."

■ To find out more about United4Health and the Florence text programme, e mail Morag Hearty on United4.HealthProject@lanarkshire.scot. nhs.uk or speak to your Heart Failure Specialist Nurse.



Vehicle
Emission
Testing
- 2015
Campaign

CLEAN air is essential for our health and wellbeing and also for protecting the environment.

"This is all

about freedom

and retaining

independence

which is very

important for me."

To help protect our air, South Lanarkshire Council's Environmental Health officers will be undertaking vehicle emission testing at various locations throughout South Lanarkshire over the coming months.

Vehicle emission testing is a basic aspect of the MOT test, however,

faults and defects that cause harmful emissions can develop in less than 12 months and testing was introduced to provide local authorities with an additional tool for managing air quality in their areas.

The impact of poorer air quality affects the more vulnerable members of our society and the elderly, the very young and those with cardiovascular and respiratory conditions, are at

greatest risk.

Local Authorities, through The Road Traffic (Vehicle Emission) (Fixed Penalty) (Scotland) Regulations 2003, are charged with checking vehicles at the roadside to ensure that they are not exceeding prescribed emissions limits.

If a vehicle is found to exceed these limits then the driver will be issued with a £60 fixed penalty notice. If the driver ensures that the vehicle is repaired

within 14 days, and can demonstrate that the vehicle no longer exceeds the emission limits, then the fixed penalty notice is waived.

Further advice on air quality is available via

www.scottishairquality.co.uk

This web site provides up to date data regarding air quality in South Lanarkshire as well as throughout Scotland

"This is a must see exhibition for music lovers"

BY MHAIRI ANDERSON

o music-loving movers 'n' groovers should miss this fabulous touring exhibition from Street Level Gallery.

The exhibition, with around 335 images on show, is being hosted by South Lanarkshire Leisure & Culture at Low Parks Museum until 20 September 2015.

"In November 2009, Bothwell man Ken McCluskey of The Bluebells came to Street Level with a couple of suitcases full of over 2000 images by Harry Papadopoulos, a music photographer active in the early 1970's. It was clear within minutes that our intentions for this body of work represented an enormous task. But it was one that had a personal resonance for me," said Lesmahagow man, Malcolm Dickson.

Malcolm continued: "There was definitely a substantial exhibition in the making covering a critically important, and currently relevant, time for music production and creation. It is satisfying that the whole exhibition is being seen in Hamilton as both Ken and I are originally from South Lanarkshire.

Gerry Campbell,
General Manager of
South Lanarkshire
Leisure & Culture said:
"This is, without doubt,
a must see exhibition for
all music lovers. As a way
of transporting the visitor
back to these heady days,
the museum is displaying
a number of nostalgic
items including an old black

and white enlarger, records, cassettes, clothes, magazines and cameras from that era. And, some appropriate background music will help you complete the step back in time."

In 1980 Glasgow had become a world centre of production for some of the new music that was taking the globe by storm. In particular, the city gave the world Postcard Records, run by Alan Horne, and home to Edwyn Collins, Orange Juice and Aztec Camera.

Glasgow at that time was a breeding ground for many other bands. Some became household names and enjoyed multiple chart hits, including Altered Images, The Bluebells, Hipsway, The Blue Nile and The Jesus and Mary Chain (although they were proudly from East Kilbride).

Others, the world shrugged at, but they were no less important to the scene: Adieu Positive Noise, Berlin Blondes, Restricted Code, Endgames, Fun Patrol, The Dreamboys including band member, Peter Capaldi.

More consistently, Harry Papadopoulos, week after week, gave Glasgow's musicians to the world in his photography for Sounds. While Postcard maestro, Alan Horne, boasted that his label represented the Sound of Young Scotland, Harry quietly helped document the look of young Scotland.

■ For more information go to www. slleisureandculture.co.uk



The rock photography of Horry

...the rock photography of Harry Papadopoulos comes to Hamilton





<u>...about|Harry</u>

PICTURE THIS: Linda Barrett, Exhibitions Development Officer, wearing eighties fashion, shows off some of the prints.

Harry Papadopoulos was born in 1954 in Helensburgh and attended Penilee Secondary School

From there he went on to Paisley College of Technology where he gained a BSc. in Electrical Engineering.

In 1976 he attended Jordanhill College and became a teacher of Maths and Physics.

Harry is a self taught photographer whose interest was inspired by taking photographs at gigs in the late 1970s.

Following a long and productive stint at

Sounds music weekly as a photographer, Harry became editor of Marvel Comics publications such as Care Bears, Flintstones and Star Trek.

In August 2002 Harry suffered a brain aneurysm and returned to Glasgow in February 2006.

There is hope that the exhibition will help establish an independent Foundation which will help Harry in his rehabilitation and hopefully create some opportunities along the way for student/emerging photographers.





THE impressive new Bankhead Primary School has earned thumbs up from pupils, parents and staff alike.

The £8.8 million school was built by one of the council's construction partners Lend Lease, as part of the Schools Modernisation Programme, which is rebuilding or upgrading 127 primary schools.

Bankhead Primary School building has 11 classrooms, an impressive IT suite, two general purpose rooms and a range of break out spaces.

The new school also has a nursery class for 50 children (morning and afternoon) plus all the other associated accommodation a nursery requires.

The modern campus also has a self contained Community Wing. The school benefits from a separate gym and dining hall but these two spaces are separated by a folding partition, which means that the school or community can benefit from a huge area of over 350 square metres for large events.

The Phase 2 works to create an external multi-use games area (MUGA) should be complete by August 2015. This facility will be open for community use out of school hours meaning that the whole community will benefit from these first class sports facilities.

"Modern, bright and inspiring building for pupils to learn in"

Council Leader, Councillor Eddie McAvoy visited the school. He said: "The new Bankhead Primary School is a modern, bright and inspiring building for pupils to learn in. There is so much space for the children to learn flexibly and the technology available in the classrooms and IT suite is second to none.

"Bankhead is the 105th brand new primary to be built as part of our £800 million Primary Schools Modernisation Programme which is something I am extremely proud of. Despite the very tough economic climate we face, we have managed to continue apace with our schools building programme to ensure that all of our children and young people can learn in suitable surroundings to give them the very best start.

"I have no doubt at all that everyone at Bankhead Primary will grow from strength to strength in their fantastic new school."

Head Teacher Margaret Bell said: "The staff and pupils are thrilled with our school. This wonderful new building opens another chapter in the Bankhead story - we now truly have a school for the 21st century."



PRIMARY



MODERNISATION: Pupils are delighted with the mix of old and new at Sandford Primary following the school's official opening

BY SARAH BURROWS

SANDFORD PRIMARY

ONE of the most unique projects in the Primary Schools Modernisation Programme was officially opened last month.

Each of Sandford Primary School's 43 pupils was involved in the ceremony which gave them the chance to show off their fabulous £3m new school to family and the local community.

The project involved the modernisation of the original 1891 Victorian school building, as well as the addition of a new extension, in keeping with work done to retain and restore the stonework of the original school.

In fact the team also managed to restore the original school bell to full working order, creating a significant feature on campus, along with a new stained glass window.

Sandford Primary now has three classrooms, gym and dining facilities and a library. It benefits from IT throughout the building and interactive white boards in each teaching area.











FIRST CLASS: Retiring head teacher Janie Niven with pupils from Auldhouse Primary after the school's £3m refurbishment.

PURPOSE

The council's primary schools modernisation programme is transforming the way pupils are learning across South Lanarkshire. More than 100 schools have been completely rebuilt or refurbished as part of the £800m investment.

Headteacher Ellen Iack describes the school, which the children moved into last year, as 'a vibrant and fun place of learning'.

She added: "There is a real community spirit here in Sandford. Families take great pride in the school and I would like to thank them for their support.

"I would also like to say a huge thanks to the council who built this wonderful new school with a stained glass window which is a fantastic centre piece. And restoring the original school bell was just amazing.

LANARK PRIMARY

THE original Lanark Primary School has been the centre of the community since the 1950s.

So the design team working on the new Lanark Primary School had a tough job. And is the new school as good as its predecessor? It's better, say the school's 221 pupils.

The £6.2 million state-of-the-art school was designed to maximise natural light with coloured glazing and south facing windows, looking out onto the play area and lime tree woodland which is used for recreating and leaning activities.

During the official opening event pupils showcased active learning through den building, hooping, speed-skating, dance, roller-blading and gymnastics. The showcasing of language skills was quite exceptional with nine languages being spoken by pupils.

Head Teacher Margaret Scott said: "I was absolutely delighted to have so many friends of Lanark Primary School come and help us celebrate our special day. We are all well settled into this fantastic new building and it's a pleasure to teach in and invigorating to learn in.

ST CADOC'S PRIMARY

PUPILS from St Cadoc's Primary School in Halfway were also keen to show off their new school at their official opening ceremony.

The new two storey £6.2m school building houses seven classrooms, library, GP area, dining room, gym and MUGA pitch and opened to pupils in August 2013.

The official opening ceremony got off to a flying start with the pipes and drums of Highland Cathedral playing, as pupils made their way into the hall. The sense of occasion was evident when the pupils sang 'This Day'.

Head Teacher Anne Marie McConnell said: "We are very proud of our new school but our 130 pupils are really the star attractions.

"Mums, dads and families are also are



at the heart of St Cadoc's Primary School and many have become active learners in the school.

"Families take great pride in our new school which has created a real community spirit here at St Cadoc's and I'm sure we will go from strength to strength in our new home."

AULDHOUSE PRIMARY

THE school officially re-opened in March 2014 after a £2.7million refurbishment which saw the original Victorian sandstone building being extended.

The work changed the footprint of the school, removing the 1960s extensions to the south, constructing a new extension to the west, increasing the overall floor space by more than 160 square metres.

Internally, the new school has 2 classrooms, a street circulation area, library, dining/gym hall, office, kitchen

The 31 pupils at the school were delighted and proud to show guests round their fantastic new building as part of the official opening celebrations.

Janie Niven, Auldhouse Primary School Head Teacher said: "It was a pleasure to welcome friends and members of the local community to our school to commemorate our official opening.

"We love that our new school really keeps a traditional feel whilst embracing first class technology and provides a really positive learning and teaching environment. The new space really allows us to showcase our music and drama talents, as you have been able to see."

ST MARY'S PRIMARY

THE Larkhall school is another which is uniquely designed and combines the old and the new perfectly to create a real centre of learning.

The £5.1 million school opened in June 2014 and the pupils immediately settled in to their spacious, bright and airy school.

Quite rightly the school were keen to invite members of the wider community to help celebrate in the official opening ceremony and was delighted to be joined by past pupils and former members of staff which added to the emotion of the day.

The official opening ceremony was celebrated by all of the school's 70 pupils joining in with a rousing rendition of their own song New School – sang in the style of "New York, New York" -which ended with a dramatic display of ticker tape.

Head Teacher Anne Frachitti said: "We are absolutely delighted with our new school. The architecture is amazing with a truly magnificent blend of the old building and the new one coming together in such a vibrant and stimulating fashion

"The building is an investment not only in our current pupils' education but also for those who will attend St Mary's in the future."

Who som







Summer arts are ACE

'Summer Arts are ACE' is our annual summer festival of arts activities for children and young people. Whether you're interested in music, drama, dance, film and animation, visual arts or traditional crafts, there's something for everyone during several weeks of fun aimed at children and young people from 5-18 years old.

The festival is launched each June with a brochure giving a full programme listing, available from all cultural venues. Highlights include:

Rutherglen Town Hall , Thursday 23 July 2015

Fair Play

Back by popular demand, this extra special fun-packed day is especially designed for all pre-school children and their families / carers.

The Town House, Hamilton, Wednesday 22 July 2015 **Artie's Tartan Tales**

The Singing Kettle's creator and former star, Artie Trezise, is back with his exciting new production.

Rutherglen Town Hall, Friday 3 July 2015 Lanark Memorial Hall, Saturday 4 July 2015

HUE

A quirky quartet of playful musicians creates an enchanting musical experience for 0-2 year olds and their grownups.

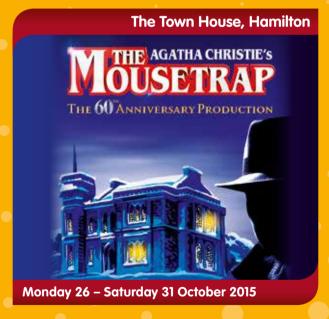
Chatelherault Country Park, Thursday 9 July 2015

Calvinball

An interactive, outdoor play that draws on the natural curiosities of children (and ex-children), suitable for under 5s and the accompanying adults.









check out our Facebook page for Cultural Activities in South Lanarkshire

Contact and **booking office** numbers for South Lanarkshire Leisure and Culture Limited venues:



SOUTH LANARKSHIRE Leisure & Culture

East Kilbride Arts Centre 01355 261000

The Town House, Hamilton 01698 452299

Lifestyles Carluke 01555 770308 Rutherglen Town Hall East Kilbride Village Theatre 01355 261000

Lanark Memorial Hall 01555 667999

Book online at www.sllcboxoffice.co.uk

For more local events visit the Events pages at www.slleisureandculture.co.uk/events

0141 613 5700