

routesaroundroots map+guide

Cambuslang and Holmhill Park



SOUTH
LANARKSHIRE
COUNCIL

South Lanarkshire's Countryside and Greenspace Service have put together a suite of six leaflets to enable you to enjoy some of the many walks across South Lanarkshire. The leaflets will help you guide yourself around the walk with a map and route description, information on history and natural history of the area you will be walking in.



The project has been funded by Heritage Lottery Fund, South Lanarkshire Council and Pride of Place and hopes to encourage more people to get out and walk in their local areas and find out more about them. Walking briskly 30 minutes on 5 or more days a week can help you to reduce your risk heart attacks, lower your blood pressure, help to maintain weight, reduce stress and make you feel better. Walking these routes regularly can help you to achieve this 30 minutes of recommended activity.

For more information on walking and health, visit **www.pathsforall.org.uk**. If you would like to join a local health walking group or would like more information on this please contact The Countryside and Greenspace Team on **01698 426 213** or email **CAG@southlanarkshire.gov.uk**. If you would like to do more challenging walks why not contact the Scottish Ramblers at **www.ramblers.org.uk/scotland**

Cambuslang and Holmehills Park

As you walk through Cambuslang it is surprising to think that the origins of this town can be traced back as far as the time of King Arthur in 508AD. It is thought that the name Cambuslang comes from old Scots words “Cambus” meaning bend of the water and “Lang” which means long. This refers to the location of the town on a bend of the River Clyde.

In the past, the population of Cambuslang were mainly weavers, colliers, masons and agricultural labourers. During the industrial revolution it became a hub of industry with coal mining, textiles and iron manufacturing. Come the mid to late 20th century this industry in Scotland and subsequently Cambuslang died off, affecting local businesses and communities. However during the 1980s redevelopment started to occur in Cambuslang seeing areas that were previously derelict due to the demise of the local industries come back to life.



On a walk through Holmhills Park you will have plenty of opportunity to see the wildlife that lives on the door step of local residents.

The ponds here were created in 2000 by the Central Scotland Forest Trust from land that was originally part of Holmhills Farm.

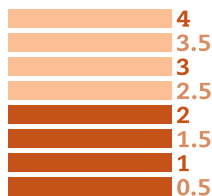
Yellow flag iris and bulrush edge the ponds, which are home to water birds such as coots and moorhens. They raise chicks in the thick vegetation at the edge of the water and feed on the myriad of tiny creatures that live in the water. Migratory redwing birds visit the site in winter, feeding on berries of plants such as hawthorn or berries from the rowan tree. In the summer you may see many different butterflies feeding from wild flowers and in grassy areas of Holmhills. Look out for the common blue with its shiny bright blue wings, and the dark brown colour of the ringlet butterfly. Permanent residents such as foxes and rabbits can be seen throughout the year, if you're quiet enough on your walk!



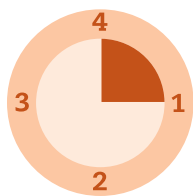
Rowan Berries

Cambuslang and Holmhills Park

Start:
**Whitlawburn Community
Resource Centre (WCRC)**



Distance:
2 miles



Time:
1 hour



Difficulty:
medium

From the Whitlawburn Community Resource Centre (WCRC) take a right towards the high rise housing, and walk past these flats toward Western Road.

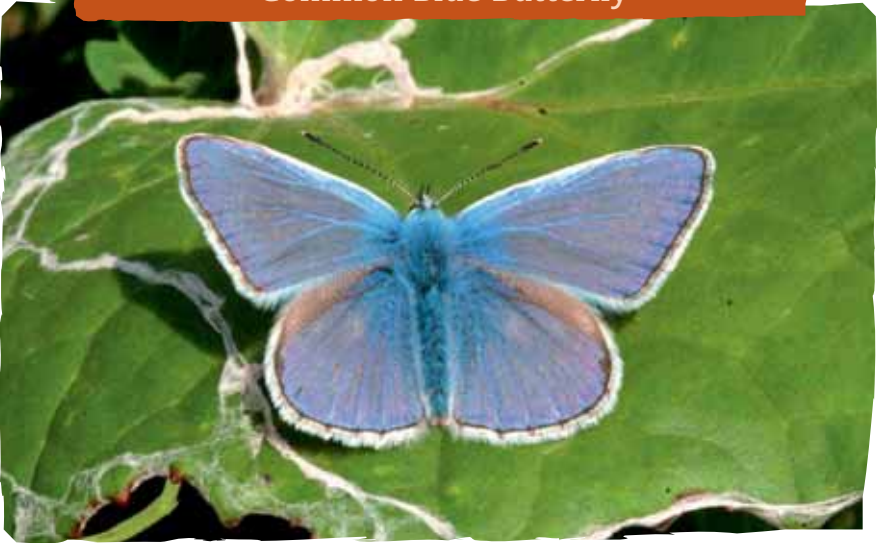
Cross the road and walk toward the pub. Just before the pub take a left down the lane into Holmhills Park, then take the first right along the path, keeping the pitches on your left.

Walk straight on past the pitches.

Here you can continue straight on, or take a left around the ponds rejoining the path further along.



Common Blue Butterfly



At the end of the path take a right onto Greenlees Road, (for the shorter route take the first left back along and into Holmhills park following the same route back to WCRC) or carry on up Greenlees Road to the roundabout.

Carry on, taking a right along Greenlees Road passing Kirkhill Golf Club on your left, at the top of Greenlees Road. Take a right down East Kilbride Road passing the roundabout and then taking a right onto Albany Terrace back to WCRC.

Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water for recreation, education and for going from place to place providing they act responsibly. These access rights and responsibilities are explained in the Scottish Outdoor Access Code. The key things are:

When you're in the outdoors:

- take personal responsibility for your own actions and act safely
- respect people's privacy and peace of mind
- help land managers and others to work safely and effectively
- care for your environment and take your litter home
- keep your dog under proper control
- take extra care if you're organising an event or running a business.

If you're managing the outdoors:

- respect access rights
- act reasonably when asking people to avoid land management operations
- work with your local authority and other bodies to help integrate access and land management
- respect rights of way and customary access.

Visit **outdooraccess-scotland.com** or contact your local Scottish Natural Heritage office.



**KNOW THE CODE
BEFORE YOU GO**

outdooraccess-scotland.com

thanks

We would like to thank the following volunteer groups for their help and support with this project;

- The Friends of Langland Moss
- The Friends of Morgan Glen
- The Friends of Udston and Glenlee Woods
- The Communitiy Wardens of Udston and Glenlee area
- The Friends of Backmuir Woods
- Andy of the Douglas Water and Rigside website
<http://rigsidedw.50webs.com/homepage.htm>

We would like to thank the following people for their photographic contributions;

- John Hawell
- Alan Bannister

For more information or if you want this information in a different format or language, please phone 01698 426213 or email CAG@southlanarkshire.gov.uk

www.southlanarkshire.gov.uk

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roots



Cambuslang and Holmhill Park



Start:
Whitlawburn
Community Resource
Centre (WCRC)

From the Whitlawburn Community Resource Centre (WCRC) take a right towards the high rise housing, and walk past these flats toward Western Road. Cross the road and walk toward the pub.

Just before the pub take a left down the lane into Holmhill Park, then take the first right along the path, keeping the pitches on your left. Walk straight on past the pitches.

Here you can continue straight on, or take a left around the ponds rejoining the path further along. At the end of the path take a right onto Greenlees Road, (for the shorter route take the first left back along and into Holmhill park following the same route back to WCRC) or carry on up Greenlees Road to the roundabout.

Carry on, taking a right along Greenlees Road passing Kirkhill Golf Club on your left, at the top of Greenlees Road.

Take a right down East Kilbride Road passing the roundabout and then taking a right onto Albany Terrace back to WCRC.

Distance: 2 miles Time: 1 hour Difficulty: medium