

3. Memberships

If you use our facilities regularly, our great-value memberships could save you money! Our memberships allow you access to various leisure centre facilities for an affordable monthly direct debit payment.

Our Fitness membership includes a free Club Active gym orientation programme and unlimited: use of The Club gym, fitness classes, health suite, swimming and indoor racquet sports at any South Lanarkshire Leisure centre. This membership also entitles you to a 10% discount at any of our Beauty Within salons. Concession and corporate memberships, allowing discounted monthly payments, are available on request.

If you want any more information about our memberships, our staff will be happy to help.

Monthly direct debit membership prices (1 April 2009 – 31 March 2010)

	Fitness	Health suite*	Swim	Swim lesson**
Adult (single)	£34.90	£16.85	£11.75	-
Adult (couple)	£55.85	£27.55	£18.65	-
Family	£69.70	£33.60	£23.35	-
Junior	£17.45	-	£5.85	£17.00
Senior (non residents)	£17.45	-	£5.85	-

* Health suite memberships include unlimited swimming and use of the health suite (sauna/steam/spa)
** £25 initial payment. Includes minimum 45 weeks per year swimming lessons, casual swimming, badges and certificates and joining gift pack.

4. Booking details

To make a booking for an activity up to seven days in advance, customers must hold a Membership or Booking Card. Bookings can be taken by telephone after 10.00am.

5. Feedback procedures

We are keen to get your feedback on our services and facilities. Please provide feedback via our 'Comments and complaints' leaflet. If you feel a member of staff has served you exceptionally well, please express this via our 'Excellence in customer service' leaflet.

6. General opening hours

Monday to Friday: 7.00am - 10.00pm

Saturday: 8.00am – 6.00pm

Sunday: 8.00am – 8.00pm

This information can be made available in large print, please ask at reception, or telephone: **01698 476202**. For information on disabled access, please see our 'Customer access' leaflet.

For more information about South Lanarkshire Leisure's other facilities and services, please pick up a 'Discover South Lanarkshire Leisure' leaflet, or visit www.slleisure.co.uk

Hamilton Water Palace, 35 Almada Street, Hamilton ML3 0HQ

Tel: 01698 459950

Welcome to Hamilton Water Palace

This guide provides information about our:

1. Facilities and services
2. Pay-as-you play prices
3. Memberships
4. Booking details
5. Feedback procedures
6. General opening hours

1. Our facilities and services

The Club gym

Our Club gym is well-equipped with a wide range of modern cardio-vascular and resistance equipment. The Club gym is open:

Monday to Thursday: 7.00am – 10.00pm

Friday: 7.00am – 9.00pm

Saturday: 8.00am – 6.00pm

Sunday: 8.00am – 8.00pm

Please refer to 'The Club' leaflet for more information.

Fitness classes

Hamilton Water Palace has a vast fitness class programme with classes ranging from Pilates to Body Attack. Pick up a 'Fitness class timetable', or visit www.slleisure.co.uk for details of all South Lanarkshire Leisure centres' timetables.

Health suite

Hamilton Water Palace's health suite includes a detoxifying sauna, a hydrating steam room, a relaxation area and an invigorating spa bath. It is the perfect way to relax and completely unwind. The health suite is open:

Monday to Friday: 8.00am – 10.00pm

Saturday and Sunday: 9.00am – 6.00pm

All sessions are mixed. Swimwear must be worn.

Admittance over 16's only.



Delivering services for South Lanarkshire Council

www.slleisure.co.uk

South Lanarkshire Leisure Ltd, is a recognised Scottish charity No. SC032549

Swimming pool

Main pool

Whether you want to lane swim on your lunch break to stay fit, attend a fun session, or attend swimming lessons, Hamilton Water Palace's 25 metre main pool with its adjustable-depth floor provides a safe, spacious swimming environment for you. The main pool is open:

Monday to Thursday: 7.30am - 10.00pm Friday: 7.30am – 9.00pm

Saturday and Sunday: 9.30am – 6.00pm

Children's pool

Our shallow children's pool has an exciting pirate ship for children to play in and a slide to add to the fun. This pool is for children under the age of 8 years. The children's pool is open daily:

10.00am - 10.00pm (School holidays 9.00am – 10.00pm)

Leisure pool

Our unique leisure pool is fun for all ages. It includes river rapids, a tyre slide, a flume, an outdoor lagoon, a spa pool and various other exhilarating water features. The leisure pool is open:

Monday to Friday: 4.00am - 10.00pm* (school holidays 9.00am – 10.00pm)

Saturday and Sunday: 9.00am – 6.00pm

*Limited features from 8.00pm

Please note, the outdoor lagoon is closed from October to April due to poor weather.

We have a swimming policy operating throughout South Lanarkshire Leisure for children under the age of 8. Please see our 'Under 8's swimming pool use policy' leaflet for details.

Pick up a 'Pool programme' for details of when various sessions are on in the pool so you can see at a glance which times are best for you to attend.

Beauty Within salon

A range of beauty treatments are available at Hamilton Water Palace's Beauty Within salon, see the 'Beauty Within' leaflet for more details.

Coffee shop

The coffee shop within Hamilton Water Palace, serving Costa coffee, offers a place for you to relax while your kids are swimming, or after a work-out. The coffee shop is open:

Monday to Friday: 10.00am – 5.45pm Saturday: 9.00am – 5.30pm

Sunday: 10.00am – 5.30pm

2. Pay-as-you-play prices

At Hamilton Water Palace you can pay for your activities as you attend, or pay monthly by direct debit with our great-value memberships (see overleaf for details).

Pool activities prices (1 April 2009 – 31 March 2010)

	Adult	Junior	Family (2 adults, 2 children)
Swim	£3.80	£2.20	£9.80 (+£1.30 per extra child)
Lane swim	£2.20	-	-
Health suite	£5.65	-	-
Group swimming lessons for block of 8	£35.75	(see memberships)	-
Private swimming lesson	£9.80	£8.25	-

Other activities prices (1 April 2009 – 31 March 2010)

	Adult	Junior
Gym session	£4.55	£2.30
Fitness class	£4.10	£2.05
Spinfit	£5.30	£2.65
Club Active*	£26.20	£13.10

* Gym orientation programme. Free for Fitness members.

Leisure for all

South Lanarkshire Leisure is committed to ensuring leisure is available for everybody, regardless of their financial situation. Concession Cards and Scholars cards entitle the holders to up to 50% off most pay-as-you-play leisure activities. Activage Cards allow free use of South Lanarkshire Leisure's indoor leisure facilities for residents aged 60 or over. Please pick up a 'Leisure for all' leaflet for more details.