ACE!

Cambuslang / Rutherglen Area

Classes and Courses 2019-20

arts culture exercise
ACE – your pass to Arts, Culture and Exercise

Welcome to our new annual programme of ACE classes and courses for primary school aged and secondary school aged children. All of the ACE classes within this brochure can be accessed either on a pay as you go basis for each term or via the ACE membership scheme as outlined below.

This brochure covers all four main terms which take place in Rutherglen and surrounding areas. There are other brochures available for courses in other areas of South Lanarkshire i.e. Clydesdale, East Kilbride and Hamilton area.

All our timetables are subject to change and to availability. Please check our website www.sl-leisure.co.uk/ace-childrens-activities for updated timetables listing any new or amended courses which may be added/changed throughout the year.

ACE Membership Scheme

Our Membership brings together access to sports, culture and libraries. South Lanarkshire Leisure and Culture is delighted to offer a membership that gives under 16s unlimited access to all the arts and sports courses and classes* listed in this brochure. Please note although not eligible for an ACE membership 16 and 17 years olds can access arts courses on a pay as you go basis.

As if this isn’t enough, ACE members also get access to:

- 6 Golf Courses
- 9 Swimming Pools
- 19 Fitness Gyms
- Racquet Sports
- Fitness Classes
- East Kilbride Ice Rink
- Libraries
- Disability Arts and Sports Courses
- Calderglen Zoo
- Birthday party discount

(restrictions may apply)

We are sure you will agree this is ACE!
**Membership Costs**

This membership is available for primary school aged and secondary school aged children under 16, with a full price membership costing £25.80** per month.

Discounted memberships for the following are also available:

- 50% concession is available for Leisure for All cardholders (£12.90**)
- 20% discount for the siblings of one full paying child holding an ACE membership (£20.65**)
- 20% discount for a child holding a swimming lesson membership (£20.65**)

Please see our terms and conditions for more information.

You can get started with your membership at any of the local facilities listed at the back of the brochure or online at:

- [www.sllcmembership.co.uk/joinathome](http://www.sllcmembership.co.uk/joinathome)
- [www.slleisureandculture.co.uk/ace](http://www.slleisureandculture.co.uk/ace)

**Find us on social media**

- Find us on Facebook – Children’s Activities in South Lanarkshire
- Tweet@SLLeisCulture
- SLLeisCulture

* All classes up to 2 hours included
** All prices subject to increase April 2020
ACE Courses/Classes Dates

Please note that unless otherwise stated the following term dates are applicable to all our regular classes and all courses will run on the same day/time each term.

Courses can be reserved or booked from the on-sale date given for each term either in person, by telephone or online at www.sllcbooking.co.uk/connect

**Term 1**
Monday 19 August – Sunday 13 October 2019
(excludes 27 and 30 September in some venues)
Automatic re-enrolment for term 2, Monday 30 September – Sunday 13 October 2019

**Term 2**
Monday 21 October – Sunday 15 December 2019
Automatic re-enrolment for term 3, Monday 2 December – Sunday 15 December 2019

**Term 3**
Monday 6 January – Sunday 5 April 2020
Automatic re-enrolment for term 4, Monday 23 March – Sunday 5 April 2020

**Term 4**
Monday 20 April – Sunday 28 June 2020
(excludes 4, 22 and 25 May in some venues)
Automatic re-enrolment for term 1 2020/2021, Monday 15 June – Sunday 28 June 2020

**Easter Programme 2020**
6 April – 19 April 2020
Go live dates 18 February 2020

**Summer Programme 2020**
29 June – 9 August 2020
Go live dates 12 May 2020

**How to rebook**
Great news if you are an ‘ACE’ member we take care of rebooking courses for you, but please let us know if your child decides to no longer attend the course as we have waiting lists for many activities now. For our pay as you go customers – all you have to do is make a payment on the re-enrolment dates stated. If payment is not received within the timescales the booking will be cancelled and the space will be offered to the customers on the waiting lists.

**How to book**
For new customers please contact your local site for availability on our classes and courses.
Keep checking our website for new activities being added throughout the year.
Fernhill Community Centre  
12 Auchenlarie Drive, Glasgow G73 4EQ  
Phone: 0141 634 3158  
Email: fernhillcommunitycentre@southlanarkshireleisure.co.uk

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
<th>Time</th>
<th>Age Range</th>
<th>Venue</th>
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<tr>
<td>Monday</td>
<td>Urban Dance</td>
<td>4 – 5pm</td>
<td>8-12 years / P4-7</td>
<td>Cathkin community wing</td>
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<tr>
<td></td>
<td>Urban Dance</td>
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<tr>
<td>Tuesday</td>
<td>Adult and Child Arts and Crafts</td>
<td>4 – 5pm</td>
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<tr>
<td>Wednesday</td>
<td>Snap Happy</td>
<td>4.30 – 5.30pm</td>
<td>8-12 years / P4-7</td>
<td>Cathkin community wing</td>
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<tr>
<td>Thursday</td>
<td>Guitar (Introduction)</td>
<td>4.30 – 5.30pm</td>
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<tr>
<td>Saturday</td>
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<td>Drama</td>
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<td></td>
<td>Singing</td>
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<td></td>
<td>Gymnastics</td>
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<td>Location</td>
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<tr>
<td>Rutherglen Library</td>
<td>163 Main Street Rutherglen G73 2HB</td>
<td>0141 634 1296</td>
<td><a href="mailto:rutherglen@library.s-lanark.org.uk">rutherglen@library.s-lanark.org.uk</a></td>
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</tr>
<tr>
<td>Rutherglen Town Hall</td>
<td>139 Main Street, Rutherglen G73 2JJ</td>
<td>0141 613 5700</td>
<td><a href="mailto:rutherglentownhall2@southlanarkshireleisure.co.uk">rutherglentownhall2@southlanarkshireleisure.co.uk</a></td>
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<tr>
<td>Halfway Library</td>
<td>211 Hamilton Road, Halfway G72 7PJ</td>
<td>0141 641 2762</td>
<td><a href="mailto:libha@library.s-lanark.org.uk">libha@library.s-lanark.org.uk</a></td>
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**Thursday**

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<thead>
<tr>
<th>Activity</th>
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<tbody>
<tr>
<td>Minecraft</td>
<td>3.15 – 4.15pm</td>
<td>5-11 years</td>
<td>P1-7 / Session</td>
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**Monday**

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<th>Activity</th>
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<tbody>
<tr>
<td>Craft Club</td>
<td>3.30 – 4.30pm</td>
<td>5-12 years</td>
<td>P1-7 / Session</td>
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**Tuesday**

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<tr>
<th>Activity</th>
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<tbody>
<tr>
<td>Lego Club</td>
<td>3.30 – 4.30pm</td>
<td>5-12 years</td>
<td>P1-7 / Session</td>
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<tbody>
<tr>
<td><strong>Guitar (Introduction)</strong></td>
<td>4.30 – 5.30pm</td>
<td>12-17 years</td>
<td>S1-4 / Course</td>
</tr>
<tr>
<td><strong>Guitar (Stage 1 / 2)</strong></td>
<td>5.30 – 6.30pm</td>
<td>12-17 years</td>
<td>S1-4 / Course</td>
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<tr>
<th>Activity</th>
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<tbody>
<tr>
<td><strong>Come Along and Sing a Song</strong></td>
<td>4.30 – 5.30pm</td>
<td>Age 5-12 years / P1-7</td>
<td>Course</td>
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<tr>
<td><strong>Guitar (Introduction)</strong></td>
<td>4.30 – 5.30pm</td>
<td>Age 8-12 years / P4-7</td>
<td>Course</td>
</tr>
<tr>
<td><strong>Drum Kit</strong></td>
<td>4.30 – 5.30pm</td>
<td>Age 8-12 years / P4-7</td>
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<tr>
<td><strong>Urban Dance</strong></td>
<td>5.30 – 6.30pm</td>
<td>Age 5-7 years / P1-3</td>
<td>Course</td>
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<tr>
<td><strong>Come Along and Sing a Song</strong></td>
<td>5.30 – 6.30pm</td>
<td>Age 5-12 years / P1-7</td>
<td>Course</td>
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<tr>
<td><strong>Guitar (Stage 1)</strong></td>
<td>5.30 – 6.30pm</td>
<td>Age 8-12 years / P4-7</td>
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<tr>
<td><strong>Drum Kit</strong></td>
<td>5.30 – 6.30pm</td>
<td>Age 8-12 years / P4-7</td>
<td>Course</td>
</tr>
<tr>
<td><strong>Camera: Action Animate!</strong></td>
<td>5.30 – 7pm</td>
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<td>Session</td>
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<tr>
<td><strong>Urban Dance</strong></td>
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<tr>
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<td>Age 8-12 years / P4-7</td>
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<tr>
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<td>6.45 – 7.45pm</td>
<td>Age 12-17 years / S1-4</td>
<td>Course</td>
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<tr>
<td><strong>Camera: Action Film!</strong></td>
<td>7.15 – 8.45pm</td>
<td>Age 12-17 years / S1-4</td>
<td>Course</td>
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<tr>
<td><strong>Drum Kit</strong></td>
<td>7.45 – 8.45pm</td>
<td>Age 12-17 years / S1-4</td>
<td>Course</td>
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**Saturday**

<table>
<thead>
<tr>
<th>Activity</th>
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<tbody>
<tr>
<td><strong>Arts and Crafts</strong></td>
<td>9.30 – 10.30am</td>
<td>Age 5-7 years / P1-3</td>
<td>Course</td>
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<tr>
<td><strong>Drama - In2act</strong></td>
<td>10.45 – 11.45am</td>
<td>Age 5-7 years / P1-3</td>
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<tr>
<td><strong>Arts and Crafts</strong></td>
<td>10.45 – 11.45am</td>
<td>Age 8-10 years / P4-7</td>
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<tr>
<td><strong>Drama - In2act</strong></td>
<td>12 – 1pm</td>
<td>Age 8-12 years / P4-7</td>
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<tr>
<td><strong>Arts and Crafts</strong></td>
<td>12 – 1pm</td>
<td>Age 10-12 years / P4-7</td>
<td>Course</td>
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</table>
South Lanarkshire Lifestyles Eastfield
101 Glenside Drive, Rutherglen G73 3LW
Phone: 0141 642 9500
Email: southlanarkshirelifestyles@southlanarkshireleisure.co.uk

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<tr>
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<td>Trampoline</td>
<td>6.15 – 7.15pm</td>
<td>5-15 years / P1-S4 / Course</td>
<td>Cathkin High School</td>
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<td></td>
<td>Trampoline</td>
<td>7.15 – 8.15pm</td>
<td>5-15 years / P1-S4 / Course</td>
<td>Cathkin High School</td>
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<td>Wednesday</td>
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<td>Friday</td>
<td>Trampoline</td>
<td>6.15 – 7.15pm</td>
<td>5-15 years / P1-S4 / Course</td>
<td>Cathkin High School</td>
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<td>7.15 – 8.15pm</td>
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<tr>
<td>Saturday</td>
<td>Basketball</td>
<td>9 – 10am</td>
<td>8-12 years / P4-7 /Course</td>
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<tr>
<td></td>
<td>Athletics</td>
<td>10 – 11am</td>
<td>5-12 years / P1-7 /Course</td>
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<tr>
<td></td>
<td>Netball</td>
<td>11am – 12 noon</td>
<td>8-12 years / P4-7 /Course</td>
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Look at our fabulous Birthday Party packages
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<tr>
<td>Monday</td>
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<td></td>
<td><strong>Gymnastics</strong></td>
<td>5 – 6pm</td>
<td>Age 5-7 years / P1-3 / Course</td>
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<tr>
<td></td>
<td><strong>Tennis</strong></td>
<td>5 – 6pm</td>
<td>Age 5-7 years / P1-3 / Course</td>
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<td><strong>Gymnastics</strong></td>
<td>6 – 7pm</td>
<td>Age 8-12 years / P4-7 / Course</td>
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<td><strong>Tennis</strong></td>
<td>6 – 7pm</td>
<td>Age 8-12 years / P4-7 / Course</td>
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<tr>
<td>Tuesday</td>
<td><strong>Games</strong></td>
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<td>Age 5-12 years / P1-7 / Course</td>
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<td><strong>Badminton</strong></td>
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<td>Wednesday</td>
<td><strong>Football</strong></td>
<td>5 – 6pm</td>
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<tr>
<td>Friday</td>
<td><strong>Super Soccer</strong></td>
<td>10 – 11.30am</td>
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<tr>
<td></td>
<td><strong>Super Soccer</strong></td>
<td>11.30am – 1pm</td>
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<td>Saturday</td>
<td><strong>Super Soccer</strong></td>
<td>10.30 – 12 noon</td>
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<td>Sunday</td>
<td><strong>Super Soccer</strong></td>
<td>10.30 – 12 noon</td>
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Adult and Child Arts and Crafts
For families this is a fun-filled arts course with everything from clay modelling, drawing and printmaking to painting with glitter!

Arts and Crafts
This is a fun-filled arts course with everything from clay modelling, drawing and printmaking to painting with glitter! The course is designed to develop the creativity, skills and interests of young people aged 5-12 years in a broad range of visual art, craft and design activities.

Badminton
These sessions will introduce and develop basic badminton skills through fun activity, skills practice and game play. Participants will develop their fitness, hand to eye co-ordination, agility and racquet skill.

Basketball
These sessions will introduce and develop basic basketball skills through fun activity, skills practice and playing games. Participants will develop their fitness, hand to eye co-ordination, agility, throwing and catching skills.

Camera: Action Animate!
Toys, vegetables, anything can be brought to life with animation! Think of Toy Story or CDDC’s Ooglies. This animation workshop will show you how to make faces and extra bits and all you have to do is get some good ideas going with the other new animators. If you have a smallish (e.g. 10-15cm) toy you wish to animate, you can bring it along. You will also be shown how to create your own models.

Athletics
Skill development activities in running, jumping and throwing. For the older age group P6-7 they will work towards making the transition to the main clubs.
Camera: Action Film!
Come along to work with your friends and our tutor to have fun making your own short film – scripting, shooting, editing and then adding animated titles and music – using our high definition camera for your final short film to show your friends and family! Participants can join up in any term and all films made will be released online at the end of each term.

Come Along and Sing a Song
A fun singing session for children of all abilities. No previous experience required.

Craft Club
Come along and join friends in craft activities linked to your favourite stories.

Dance (Urban Dance)
Come along and learn from a professional dance tutor, learn all the basics of street dance and build on your choreography skills. No prior dance experience is required just loads of energy and enthusiasm to be creative. A great weekly dance club for boys and girls with bags of energy!

Drama (In2act)
Drama classes for children offering tuition with fun including improvisation, voice production and stage direction. Participation in drama helps develop children’s self confidence, socialising skills, creativity and imagination.

Drum Kit
Want to play drums? Whether you are a beginner or just want to develop your playing further – this course is taught in small, friendly and relaxed groups – and its great fun! Once you’ve got the basics – it’s up to you what direction you take it in, you can learn to play several different styles or simply focus on your favourites. Rock, Pop, Jazz, Funk, Latin – these are just a few of the styles we teach… there’s something for everyone here – a double kick pedal for when you’re hot – jazz brushes for when you are cool!

Drumming Circle
Learn the rhythms of Brazil and explore the different drums and hand held percussion group that form a samba band.

Football
These structured football sessions will include a warm up, skill development practices, and small sided games to develop the participants overall technical ability. This is also an ideal opportunity for players keen to get involved in a team sport and help them progress to/or with their school or local community football team.
Games
This activity introduces and strengthens the fundamental skills required for all sports; it concentrates on movement, hand eye co-ordination, striking and racquet skills. It is a fun activity that incorporates modified games.

Games Club
Sessions using traditional board games including Monopoly and Junior Scrabble to develop numeracy and literacy skills and traditional games like twister to develop motor skills.

Guitar (Introduction)
Your musical journey begins here – learn basic technique in a chilled environment with other budding guitar heroes! Whatever style you want to master or however far you want to take it – this is the best place to start. With small group tuition – you’ll get enough personal guidance to make far more progress than you ever could with an instruction book or DVD – and you’ll have a lot more fun!

Guitar (Stage 1)
Now you have begun – it’s time to speed up your journey! This course will build upon what you already know and open up a whole world of exciting options to gradually develop your guitar playing skills and musical knowledge... with a growing ability and confidence comes more enjoyment.

Guitar (Stage 2)
Whether you are a sing-along strummer or heading for Glastonbury, you will always find new techniques and approaches that will maximise your guitar playing. This is the course for those with a bit of playing experience who want to hone their skills. With expert tuition in small, friendly classes – you can really start to ramp up your guitar playing potential!

Gymnastics
This session will develop gymnastics skills incorporating floor work and apparatus. There will be a term based approach to delivery. Term 1 will be Scottish gymnastics badge work, Term 2 will be competition and Term 3 will be display.
**Lego Club**
Fun sessions to develop your child’s fine motor skills, numeracy and literacy skills as they create imaginative stories using Lego.

**Minecraft**
Explore, create and craft anything using Minecraft software. Encourages confidence building and social skills.

**Netball**
The sessions will concentrate on the skills required for netball. Using Netball Scotland’s Fun5z structure this will allow us to take into account the age, maturity and skill level of the young players, ensuring each individual learns through a fun and enjoyable environment. This is an ideal starting point for our young players, helping them progress to or with their school teams and eventually junior clubs.

**Singing**
A fun singing session for children of all abilities. No previous experience required.

**SNAP Happy**
SNAP Happy is designed for children to learn great new techniques available on digital cameras. They will experiment with depth of field, fast and slow shutter speeds, optical illusions and various types of composition. Children will gain a deeper understanding of their digital camera’s functions, allowing their creativity to flourish as their technical knowledge and familiarity develops.

**Super Soccer**
These football sessions are based on specific skills with and without the ball. The session is split into four stations that can include various activities such as fast feet, shooting, dribbling, passing and team play through specific drills and free play.

**Swim 4 Sport**
Swim 4 Sport is a non-competitive swimming and fitness product for children who have graduated Swim Skills 4 (or who can swim 50m front and back crawl as well as showing deep water confidence). The session will work on stroke, technique, swim drills and stamina through distance swimming. An ideal class for those looking to gain extra swim practice, keep up their swimming techniques or generally maintain their fitness levels.

**Tennis**
Developing skills and awareness of the game.

**Trampoline**
Developing skills, techniques and routines. May work towards badge work.
ACE Golf
There are lots of golf opportunities to enjoy as part of the ACE membership:

- Play on all 6 SLLC golf courses (Biggar, Hollandbush, Larkhall, Langlands, Strathclyde Park and Torrance House). Play is unlimited up to 4pm each day however we ask that children under the age of 12 are accompanied by an adult after 4pm.
- Play on Brancumhall Pitch and Putt in East Kilbride. This is a seasonal facility and is open between April and September.
- Practice for £1 sessions at Playsport Golf Centre in East Kilbride on Friday evenings between 5pm – 8pm.
- Half price balls at Strathclyde Park Golf Centre in Hamilton everyday between 4pm – 6pm.

Useful contact numbers:
General golf enquiries
01355 233451
Playsport Golf Centre
01355 575980
Strathclyde Park Golf Centre
01698 285511

East Kilbride Ice Rink
ACE Members can access the Ice Rink for free* for all general skating sessions Monday to Friday, including the Friday night disco.

* A £2 skate hire will still apply if required.
• All courses, classes and sessions must be pre-booked and paid in full (unless stated otherwise) prior to the commencement of each course, class or session.

• Reduced rates are available for holders of a current SLLC ‘Leisure for all’ concession card. Please ensure your concession card is valid to beyond the start date of your chosen activity at the time of booking. Further information on eligibility can be found on the website or by calling 01698 476262.

• Payments cannot be refunded except in circumstances where the course, class or session has been cancelled.

• If you fail to attend 2 weeks or more consecutively without notifying the site directly then your booking will be cancelled and you will be not be automatically re enrolled onto the following course.

• If you fail to give 4 hours notice of cancellation or do not turn up for a pre-booked ACE class, you will not receive a refund for the lost booking. ACE members will be charged a £2.00 cancellation fee.

• SLLC reserve the right to cancel/alter/relocate sessions without notice and will run subject to minimum numbers. In the event of an activity being cancelled we will take reasonable steps to notify participants. SLLC will not be held responsible for any travel, accommodation or other ancillary costs incurred by the participant.

• Class usage – To ensure your child/children have an enjoyable experience of their ACE class/activity they may only attend classes which are at an appropriate level for their age and or skill/ability level.

• Where participation is dependent on skill/ability levels, SLLC staff will provide advice and guidance on the most suitable class/activity for your child/children.

• Participants agree to abide by SLLC’s Management Rules at all times. These are available to customers on request and/or are displayed within facilities and venues.

• SLLC cannot be held responsible for injury or loss of belongings sustained whilst participating in any course or session.

• The unauthorised use of photographic and/or recording equipment is strictly prohibited.
**Fair use rules**

- Participants are not permitted to attend consecutive classes in the same activity for example, attend 2 consecutive gymnastic classes, however they are permitted to attend consecutive classes in different activities e.g. attend a guitar class followed by a drama class.

- To ensure children receive the best experience from their ACE membership, SLLC encourages parents to, where possible, not book children into multiple activities in the one day.

**Medical Information**

- Please provide details of any medical conditions that we would need to be aware of. Providing this information enables SLLC to provide the best service and/or adapt classes to support the needs of the child/children.

- Customers returning through auto re-enrolment should inform reception staff of any changes to personal details including medical information to ensure records are kept up to date.
Venues in Rutherglen/Cambuslang Area

**Cambuslang Library**
Cambuslang Gate
27 Main Street
Cambuslang G72 7EX
Phone: 0141 584 2530

**Cathkin Library**
21 Lovat Place
Rutherglen G73 5HS
Phone: 0141 634 1249

**Fernhill Community Centre**
12 Auchenlarie Drive
Fernhill
Glasgow G73 4EQ
Phone: 0141 634 2158

**Halfway Library**
211 Hamilton Road
Glasgow G72 7PJ
Phone: 0141 641 2762

**Rutherglen Library**
163 Main Street
Rutherglen G73 2HB
Phone: 0141 613 5380

**Rutherglen Town Hall**
139 Main Street
Rutherglen G73 2JJ
Phone: 0141 613 5700

**South Lanarkshire Lifestyles Eastfield**
101 Glenside Drive
Rutherglen G73 3LW
Phone: 0141 642 9500

**Stonelaw Community Sports Centre**
Calderwood Road
Rutherglen G73 3SE
Phone: 0141 647 6779

If you need this information in another language or format, please contact us to discuss how we can best meet your needs.
Phone: **01698 476262** Text phone: **18001 01698 476262**
Email: customer.services@southlanarkshireleisure.co.uk

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