Welcome to
Fernhill Community Centre

This guide provides information about our:
1. Facilities and services
2. Pay-as-you play prices
3. Monthly memberships
4. Booking details
5. Feedback procedures
6. General opening hours
1. Our facilities and services

**Gym**

The gym at Fernhill Community Centre is well-equipped with a wide range of modern cardio-vascular and resistance equipment. The kit is extremely adaptable which means it can provide just enough resistance for a frail older adult and, equally, a challenging level of resistance for a well-trained athlete.

The Hur air resistance kit can be adapted to accommodate a wheelchair. There is a Motomed which allows wheelchair users to exercise their leg muscles. This brings benefits of increased blood flow and stimulation of the muscles which could not otherwise be achieved. The gym is open during the centre’s general opening hours (see section 6).

2. Pay-as-you-play prices (1 April 2019 - 31 March 2020)

At Fernhill Community Centre you can pay for your activities as you attend, or pay monthly by direct debit with our great value memberships.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Adult</th>
<th>Junior</th>
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</thead>
<tbody>
<tr>
<td>The Perfect Fit*</td>
<td>£34.90</td>
<td>£17.45</td>
</tr>
<tr>
<td>Gym session</td>
<td>£6.30</td>
<td>£3.15</td>
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<tr>
<td>Hall hire</td>
<td></td>
<td>Contact reception</td>
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</tbody>
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* Gym orientation and exercise programme. Free for fitness members.

**Leisure for all**

Concession, Student, and Scholars Cards entitle holders to up to 50% off most pay-and-play activities. Contact Reception for an application form.

**Aged 60 or over?**

If you live in South Lanarkshire, you can access all of South Lanarkshire and Culture’s indoor leisure facilities for £57.95 per year with an Activage card. Non-residents and non-card holders are still eligible for senior rates of up to 50% off. For more information, please contact Reception.
3. Monthly memberships

If you use our facilities regularly, our great value memberships allow you to pay by an affordable monthly direct debit payment, and could save you money!

We offer a wide variety of memberships, including fitness, health suite, swimming, swimming lesson and ACE membership. Our ACE membership gives under 16s access to various leisure facilities as well as golf, ice skating and arts classes and courses.

If you want any more information about our memberships, our staff will be happy to help.

4. Booking details

All activities must be paid for at time of booking. This can be done online at www.sllcbooking.co.uk/connect, by telephone, or at Reception.

Notice of 24 hours is required for cancellations. If you fail to give 24 hours notice of cancellation, you will not receive a refund for the lost booking. Members and Activage card holders will be charged a £2.00 cancellation fee. Seven days notice is required for the cancellation of extended lets/bookings. After this time, cancellations will not be refunded.

5. Feedback procedures

We are keen to get your feedback on our services and facilities. Please provide feedback via our ‘Have your say’ leaflet. If you feel a member of staff has served you exceptionally well, please express this via our ‘Employee Recognition Scheme’ leaflet.

6. General opening hours

Monday to Friday: 9.00am - 9.00pm  Saturday: 9.00am - 5.00pm

For more information about South Lanarkshire Leisure and Culture’s other facilities and services, visit www.slleisureandculture.co.uk.
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Fernhill G73 4EQ
Telephone: 0141 634 3158
email: fernhillcommunitycentre@southlanarkshireleisure.co.uk

If you need this information in another language or format, please contact us to discuss how we can best meet your needs. Phone 01698 476262, Textphone 18001 01698 476262, or email customer.services@southlanarkshireleisure.co.uk