



South Lanarkshire

Adult Protection
Committee



**Independent
Advocacy and
Adult Support
and Protection**

If someone has reported concerns about your safety or wellbeing, it may start a process called Adult Support and Protection (ASP).

ASP looks into the reasons someone feels you may need support or could be at risk of harm. An investigation may also include the people who are involved in your life, for example family, carers or support workers.

Independent Advocacy is a free and confidential service which can support you

through the ASP process. Independent Advocacy is separate from organisations that provide other types of services like social work services or the NHS.

Independent Advocacy will help you to:

Have your say during the ASP proceedings

Know what your rights are

Access relevant information

Understand your choices and any decisions made due to this process.

They will do this by:

Explaining the ASP process and how it is being used in your case

Explain what might be discussed at meetings and help you think about how the decisions might affect you

Your Advocate can also help you prepare for your meetings and support you to attend your meetings

Your Advocate can support you at meetings to put forward your views or speak on your behalf if you do not feel able to.

The Advocacy Project

supports older people
and people with mental
health issues

Phone: 0141 420 0961

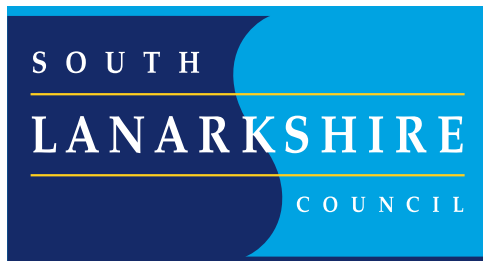
**Email: [enquiry@
theadvocacyproject.org.uk](mailto:enquiry@theadvocacyproject.org.uk)**

Speak out

supports adults with a
learning disability

Phone: 01698 283228

Email: info@speak-out.org.uk



**If you need this information
in another language or
format, please contact us
to discuss how we can best
meet your needs.**

Phone: 0303 123 1015

Email: [equalities@
southlanarkshire.gov.uk](mailto:equalities@southlanarkshire.gov.uk)

www.southlanarkshire.gov.uk

[www.adultprotectionsouth
lanarkshire.org.uk](http://www.adultprotectionsouthlanarkshire.org.uk)