

EAST Kilbride **Cycling** NETWORK

ROUTE 2

**St. Leonards to
town centre**



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- ▶ Provides easy access to the town centre from any area of St Leonards, allowing shoppers and workers to take advantage of the recently-installed cycle parking in the Olympia car park.
- ▶ Follow the blue cycle signs, placed at every junction with the number 2, to reach the town centre or, alternatively, make use of the cycle parking to visit the St Leonards shops.

	On-road
	Off-road (cyclists only)
	Shared use (pedestrians and cyclists)
	Cyclists Dismount

Town centre



- ▶ Additionally, St Leonards residents can follow the route to the Birniehill roundabout then turn left, picking up route 3 to Calderglen Country Park.
- ▶ Making use of Glen Shee path, which has been widened to accommodate both cyclists and pedestrians, cyclists must dismount at the underpass below High Common Road before resuming cycling on Glen Urquhart.
- ▶ Follow Blacklaw Drive and Mount Cameron Drive north to the Birniehill roundabout, using the extended cycleway through to the Murray roundabout, before dismounting and parking your bike in the Olympia car park.



Bike safety- getting the most from your bike

Wheels always check that both wheels are securely attached to the frame and can rotate freely without rubbing against any other parts of your bike.

Check for dents in the rim of your wheels, small dents can effect braking.

Check your tyres for wear and tear, worn tyres are more likely to puncture, tyres should be inflated to the recommended pressure.

Brakes Check that both brakes are working correctly and that frayed cables are replaced. Trim and tape any excess cable and ensure that brake levers are within easy reach.

Lights Ensure that lights and reflectors are kept clear and are in working order, free from dirt.

Clothing Wearing a cycle helmet considerably reduces the likelihood of head injuries whilst fluorescent clothing during the day, and reflective at night are strongly recommended.



**The Scottish
Government**

Cycling statement from South Lanarkshire Council

This Council is committed to improving cycling facilities through its area and sees cycling as a realistic mode of transport as well as a healthy leisure pursuit.

Where possible dedicated cycle only facilities are provided, however where traffic volumes or pedestrian levels are light, it is sensible to make use of existing provision and use on-road sections as well as sharing certain footways with pedestrians.

Where shared use footpaths are in operation for cyclists and pedestrians, cyclists must take extra care to ensure that their presence isn't detrimental to pedestrians. These sections are signed and only the abeyance of cyclists will ensure their continued provision.

Every attempt has been made to provide parking in areas that are in view of the general public to deter theft. However cycle parking is provided at the owners risk, securing your bike to the parking stands with D-lock's provide the best deterrent to theft.

Should you have any complaints/ suggestions or comments to make about cycling matters please write to: South Lanarkshire Council, Roads and Transportation Services, Montrose House, Montrose Crescent, Hamilton, ML3 6LB or phone 01698 453660.

For more information or if you want this information in a different format or language, please phone 01698 453681 or email fraser.jack@southlanarkshire.gov.uk

www.southlanarkshire.gov.uk

